

# **FAMILY SUPPORT WORKSHOP SERIES**

Tools to Strengthen Communication, Connection, and Resilience



## **5 SESSIONS**

6/25, 7/02, 7/09, 7/16, 7/23



6:00 - 7:30 PM



## RECOVERY JUNCTION RECOVERY CENTER

35 Journal Square Plaza, #500 Jersey City, NJ 07306

This free 5-week workshop series is designed to help families build stronger relationships, reduce stress, and feel more confident supporting one another. Each interactive session includes practical strategies you can use right away.



## **FREE DINNER** & \$25 GIFT CARD

per family per session (Limited to 15 families max)



#### **REGISTER TODAY!**

Register at www.pipnj.org/family. Contact Michelle Morelandmmoreland@preventionlinks.org





#### **JUNE 25**

**Understanding Substance Use Disorders and Positive Reinforcement** 

#### **JULY 02**

**Communication Skills Training** 

#### **JULY 09**

**Managing Stress and Self-Care** 

#### **JULY 16**

Connect to Resources / Strategies for **Treatment Engagement** 

### **JULY 23**

**Strengthening Family Resilience** 





@pipnjedu

(201) 365-7094

www.pipnj.org

110B Meadowlands Parkway, Suite 302 Secaucus, NJ 07094