



## March Newsletter

Greenway Family Success Center would like you to have a warm and sunny Spring!

We had an exciting holiday season, filled with fun and educational activities for the entire community.



Take a look at some of the programs that took place and don't forget to check out upcoming programs in the April Calendar.

Our team would like to give a sincere thank you to our community partners for their collaboration and support!

**[Take a closer look at our April calendar here!](#)**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 April Showers Bring May Flowers		 -HAPPY RAMADAN-	1. Dance Party 5:30pm-6:30pm 	2. Easter Arts & Crafts 3:30pm-4:30pm 	3. Easter Egg Hunt with the Fords Business Community (All around Fords) 10:00am-2:00pm 
5. 	6. Communication Strategies for Families 6:00pm-7:00pm 	7. Autism Awareness Painting Activity 5:30-6:30pm 	8. Financial Strategies for Women 5:30pm-6:30pm 	9. 	10. Jeopardy & Table Talk with Male Caregivers 11:30am-12:30pm 
12. Grief & Coping with Dr. Vega 6:00pm-7:00pm 	13. For Parents, By Parents 6:00pm-6:45pm 	14. 	15. PAC 5:00pm-6:00pm The COVID-19 Vaccine - What You Need to Know 6:00pm-7:00pm 	16. Greenway Gardens: Potted Plants 3:30pm-4:30pm 	17. Do you need information or resources? Call us! 732.768.8049 
19. Disney Trivia 3:30pm-4:30pm 	20. Active Parenting 5:30pm-7:00PM 	21.	22. Be Strong: Yoga & Resilience 5:30pm-6:30pm 	23. Be Kind: Kindness and Cookies 3:30pm-4:30pm 	24. Be Together: Family Cooking 11:30am-12:30pm 
26. Story Time & Craft (Age 3-5) 10:00am-11:00am 	27. Active Parenting 5:30pm-7:00PM 	28. 	29. Interview Preparation: In-person & Remote 5:30pm-6:30pm 	30.	

To register for events, visit: <https://linktr.ee/GreenwayFSCPrograms>

Call / text us at 732.768.8049 or follow us on Social Media!

Facebook: [www.facebook.com/GreenwayFamilySC](https://www.facebook.com/GreenwayFamilySC) Instagram: @greenwayfamilysuccess

## Check out some of our upcoming Programs:

### Community Conversation: Returning to School During COVID-19

Going back to school can be stressful especially during a pandemic. Join us and Dr. Angel Vega-Ramos, a board-certified physician for an open conversation about your concerns!

This program will be held on Zoom on Tuesday, March 30th from 6pm-6:30pm.

[Register Here](#)

### COMMUNITY CONVERSATION: RETURNING TO SCHOOL DURING COVID-19

TUESDAY, MARCH 30TH  
6:00PM-6:30PM

Join Greenway FSC and Dr. Angel Vega-Ramos, board-certified physician, for a conversation about anxiety, concerns, and best practices for the return to school during the COVID-19 pandemic

Register here:

<http://bit.ly/COVID19school>



## Be Strong, Be Kind Be Together: Be Strong

Calling all families!  
Join us and Sheltered Yoga on  
Thursday, April 22nd at 5:30pm  
to make eye pillows followed by  
yoga!

This is the first day of our super  
fun 3 day event! All participants  
will have a chance of winning  
some awesome prizes!

[Register Here](#)

## Be Strong, Be Kind Be Together: Be Kind

Join us and NJ Hope and Healing  
on Friday, April 23rd at 3:00pm  
for day 2 of our 3-day event to  
decorate some delicious cookies  
courtesy of BAM desserts  
followed with a conversation led  
by the Mental Health Association!

[Register Here](#)

## Be Strong, Be Kind Be Together: Be Together

Let's get cooking!  
To close out our 3-day event,  
cook with us and Executive Chef,

## Be Strong, Be Kind, Be Together



### Be Strong

Thursday, April 22nd

5:30PM to 6:30PM

Join Greenway FSC and Sheltered Yoga to  
make eye pillows followed by yoga and  
meditation. Open to families with all  
abilities!

Supply pickups will be on Wednesday, April 21st

Participants will be entered in a raffle to win some amazing prizes!

Register here:

<http://bit.ly/BeStrongGFSC>



Questions?  
Call/text us!  
732.768.8049

## BE STRONG, BE KIND, BE TOGETHER BE KIND



FRIDAY, APRIL 23RD

3:30PM-4:30PM



Decorate flower cookies with us  
courtesy of BAM desserts and  
have a conversation about  
kindness with the Mental Health  
Association. Open to  
families with all abilities!

Supply pickups will be held on  
Thursday, April 22nd

REGISTER HERE:

[HTTP://BIT.LY/BEKINDGFSC](http://bit.ly/BEKINDGFSC)

Registration is first come first served!



Questions? Call/ text us!  
732.768.8049



Kyle Eck and Sous Chef, Victor Hernandez from Wegmans of Woodbridge to cook a delicious family meal on  
**Saturday, April 24th at 11:30am!**

[Register Here](#)

## Be Strong, Be Kind, Be Together



### Be Together

**Saturday, April 24th  
11:30am- 12:30pm**

Cook a family lunch with Executive Chef, Kyle Eck and Sous Chef, Victor Hernandez from Wegmans of Woodbridge! Open to families with all abilities!

Supply pickup is Friday, April 23rd

**Register here:**

<http://bit.ly/BeTogetherGFSC>

Registration is limited! First come first served!



Questions? Call/  
text us!  
732.768.8049

## Jeopardy Game Day with Male Caregiver

Male caregivers and children are invited to this awesome activity on Zoom! First, compete together to win Jeopardy, then the adults will stick around for “table talk” to check in on how everyone is doing, led by a father from the community.

This program will be held on  
**Saturday, April 10th** from  
11am-12pm.

[Register Here](#)

**FSO of MC & GFSC**

# JEOPARDY

## Game Day

JOIN US FOR A DAY FILLED  
WITH GAMES  
AND CONVERSATIONS

10TH  
APRIL @ 11AM-12PM

QUESTIONS?  
CALL/TEXT US  
732-768-8049

**WIN PRIZES!  
MALE CAREGIVERS &  
CHILD PROGRAM**

**REGISTRATION LINK:**

<https://www.eventbrite.com/e/table-talk-fatherhood-tickets-146638767501>

Greenway Family Success Center

## Communication Strategies for Families

Chosen by YOU, our Greenway families, this presentation will help parents and caregivers learn how to increase positive



communication with their  
children.

This program will be held on  
Zoom on **Tuesday, April 6th**  
from 6pm-7pm.

[Register Here](#)



**COMMUNICATION  
STRATEGIES FOR  
FAMILIES**

**TUESDAY, APRIL 6TH  
6:00-7:00 PM**

Learn how to solve problems as a family.  
Join us for a conversation about effective ways to  
communicate!

**REGISTRATION LINK: [HTTP://BIT.LY/FAMILYGFSC](http://bit.ly/familygfsc)**


 Questions? Call or text 732.768.8049

## Did you miss our Winter Programs?

### How to Maintain An Organized Space: Home Edition

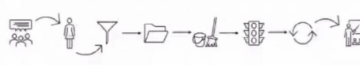
Everyone has been spending  
more time then ever at home.  
Community member,  
Jaymar Cruz, helped families  
learn how to declutter and  
organize their home!

[E\\_improve Instagram](#)



Thanks everyone who attended,  
really honored to have you all!

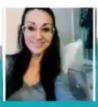
**How to Maintain an  
Organized Area?  
Home Edition**



Email: [emprova2020@gmail.com](mailto:emprova2020@gmail.com) Instagram: [E\\_improve](#)

Very great full with Greenway  
for the opportunity!

Stay tuned for more!!

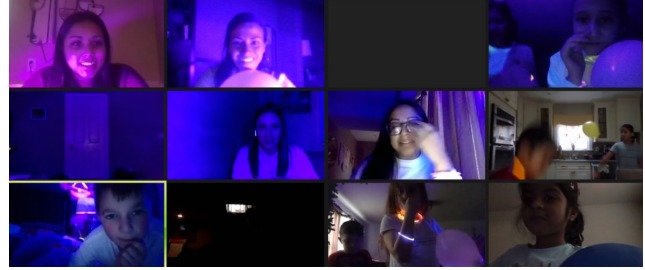


### Glow in the Dark Party

In January, we wore our  
brightest neon colors and families  
joined us for Greenway's Glow in



the Dark Party on Zoom!

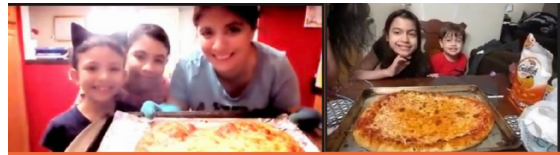


## Super Bowl Party With Dad

At the beginning of February,  
dads and children were invited for  
a Super Bowl themed event!  
Families made their own pizza at  
home!

This event was sponsored by  
Gianni's Pizzarama in  
Piscataway, NJ!

**Gianni's Pizzarama Website**



## Family Dental Health

This program was brought by  
WellCare to inform and improve  
dental health for parents and their  
children.

Missed the program? Click the  
link below to learn how to prepare  
for a dental emergency!

**Dental Emergency Resource**



## STEMulating Literacy

Dr. Vanashri Nargund-Joshi  
returned to teach math and



literacy through a children's literature and storytelling! We had a very special guest, Amy Alznauer, the author of "The Boy Who Dreamed of Infinity" join us on Zoom!



[Visit Amy's website](#)



## Volunteer Corner

### Spring Internship Program

#### Meet Our Greenway Spring Interns!



My name is Jocelyn Pelaez. I attend Rutgers University and I am currently a senior studying to become a social worker. A fun fact about me is that I love bubble tea!



My name is Brianna Daly. I am currently a senior at Rutgers University studying social work. A fun fact about me is that I love pugs!



My name is Karen Chernoff. I am currently a junior at Seton Hall University studying to become a social worker. A fun fact about me is that I love The Office!

### Interested in Volunteering?

Give back to your community and volunteer at the Greenway Family Success Center!

[Fill out application here](#)

Greenway FSC also has internship opportunities available. If you are interested, email [mvargas.greenwayfsc@preventionlinks.org](mailto:mvargas.greenwayfsc@preventionlinks.org)

## Family Resources



### NJ State COVID-19 Rental Assistance Program

COVID-19 Emergency Rental Assistance Program Phase II (CVERAP Phase II) will provide rental arrears and temporary rental assistance to low- and moderate-income households that have had a substantial reduction in income, have qualified for unemployment benefits, incurred significant costs, or experienced a financial hardship due, directly, or indirectly, to the COVID-19 pandemic. Taking pre-applications today!

**NJ Rental Assistance  
Information**

**Pre-Application Form**

### NAMI: National Alliance on Mental Illness



**National Alliance on Mental Illness**

**NAMI NJ Resources and  
Information**

NAMI New Jersey (NAMI NJ) is a statewide non-profit organization dedicated to improving the lives of individuals and families affected by mental illness. Through education, support, advocacy, and public awareness programs NAMI NJ fosters understanding about mental illness, confronts stigma associated with it. We hope to bring more awareness and support to you and your families.

## COVID-19 Resources

### **NJ.GOV Communicable Disease Service**

The following website provides resources and information on the COVID-19 virus. ("coronavirus disease 2019")

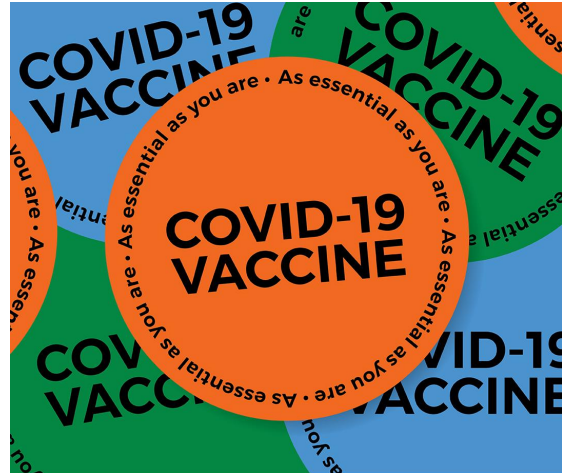




## COVID-19 Vaccine Information

Visit NJ's Vaccine hub to find out if you are eligible for the vaccine, to have your questions answered, and to pre-register for an appointment

[CDC Vaccine Toolkit](#)



Learn how you can get a COVID-19 vaccine. [www.cdc.gov](https://www.cdc.gov)

## Looking for Additional Resources?

Fill out our Check-in form and get one on one assistance from a Greenway Family Success Center staff.

[Form\(español\)](#)

[Form \(English\)](#)

[Have any suggestions? Let us know here!](#)

// STAY CONNECTED WITH US //

