

# **December Newsletter**

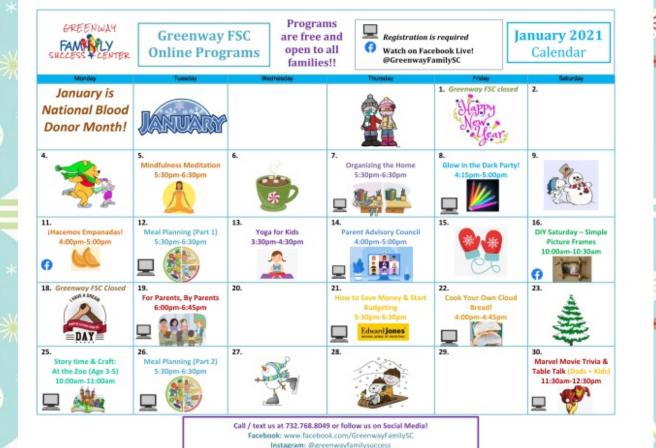
Greenway Family Success Center would like you to have a happy holiday!

We had an exciting Fall, filled with fun and educational activities for the community. Take a look at some of the programs that took place and don't forget to check out upcoming programs and the January calendar.

Our team would like to give a sincere thank you to our community partners for their collaboration and support!



Take a closer look at our January calendar here!



# **Check out some of our upcoming Programs:**

## Meal Planning 101

Start the new year off right! Join us for a free two-part workshop on healthy meal planning. Presented by Fitness Coach, Stephen Marinaro. This program will be held on Zoom

Register Here





# How to Maintain An Organized Space: Home Edition

Your home feeling cluttered? Learn how to organize your home! This program will be held on Zoom

**Register Here** 



#### Marvel Trivia + Table Talk

Calling all dads and kids!

Join us for a Marvel movie trivia game. The winner will receive a prize! There will be time after the game for dads to hangout and connect with each other.

Register Here



#### Glow in the Dark Party

Wear your brightest neon colors and join us for Greenway's Glow in the Dark Party! Supplies will be provided. This program will be held on Zoom

**Register Here** 



# Did you miss our Fall Virtual Programs?

#### **Crockpot Series**

In November we made Crockpot Chicken
Drumsticks! Check out the recipe for a easy
and fast dinner... You'll be surprised how
easy it is!



Recipe here!



## **Active Parenting Program**

Congrats to all the parents that completed our active parenting program!

This interactive and informative 4 week course is designed to strengthen family bonds and increase children's happiness and success factors by 100%!

Missed the series? Stay tune for our spring workshop!

Have any suggestions? Let us know here!

# **Volunteer Corner**

#### **Grow Your Own Wheatgrass**

Parent Advisory Council member, Ana Vega, shared her love of gardening with others by teaching families how to grow their own wheatgrass!

Find out the Health Benefits Here!



#### **mOTivated Parents Program**





Greenway Family Success Center partnered with Kean University on a student-led occupational therapy program! Our interns provided free OT therapy sessions to families of children with special needs.

# Interested in Volunteering?

Give back to your community and volunteer at the Greenway Family Success Center!

FIII out application here

Greenway FSC also has internship opportunities available. If you are interested, email <a href="mailto:mvargas.greenwayfsc@preventionlinks.org">mvargas.greenwayfsc@preventionlinks.org</a> with your resume!

# **Family Resources**



#### COVID-19 Resource List

The CDC offers free updated Covid-19 information. We hope these tools better position families and providers to make the most informed decisions they can about their wellness and safety this winter season. Resources are also available in Spanish.

**CDC Resources** 

# We are Hiring Parents to Care for Their Loved Ones!



WE ARE HIRING PARENTS TO CARE FOR THEIR LOVED ONES

DISABILITY ALLIES is aware of all the responsibilities parents have with juggling work and their young adults staying home due to COVID -19 day program closure. We have a solution to ease the day to day financial stress by using your DDO budget. Disability Allies is hiring parents and family members to work one on one with their loved ones and get paid.

For further information regarding our Parent Employment, please contact: Harriet Shander Director of Client Services 908-848-0385 OR EMAIL supportservices@disabilityallies.com

#### Click here to Enlarge Flyer

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### **Looking for Additional Resources?**

Fill out our Check-in form and get one on one assistance from a Greenway Family Success Center staff.

Form(español)

Form (English)

// STAY CONNECTED WITH US //



