



December Newsletter

Greenway Family Success Center would like you to have a happy holiday!

We had an exciting Fall, filled with fun and educational activities for the community. Take a look at some of the programs that took place and don't forget to check out upcoming programs and the January calendar.

Our team would like to give a sincere thank you to our community partners for their collaboration and support!



[Take a closer look at our January calendar here!](#)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January is National Blood Donor Month!	JANUARY			1. Greenway FSC closed Happy New Year!	2.
4.	5. Mindfulness Meditation 5:30pm-6:30pm 	6.	7. Organizing the Home 5:30pm-6:30pm 	8. Glow in the Dark Party! 4:15pm-5:00pm 	9.
11. (Hacemos Empanadas!) 4:00pm-5:00pm 	12. Meal Planning (Part 1) 5:30pm-6:30pm 	13. Yoga for Kids 3:30pm-4:30pm 	14. Parent Advisory Council 4:00pm-5:00pm 	15.	16. DIY Saturday - Simple Picture Frames 10:00am-10:30am
18. Greenway FSC Closed 	19. For Parents, By Parents 6:00pm-6:45pm 	20.	21. How to Save Money & Start Budgeting 5:30pm-6:30pm 	22. Cook Your Own Cloud Bread! 4:00pm-4:45pm 	23.
25. Story time & Craft: At the Zoo (Age 3-5) 10:00am-11:00am 	26. Meal Planning (Part 2) 5:30pm-6:30pm 	27.	28.	29.	30. Marvel Movie Trivia & Table Talk (Dads + Kids) 11:30am-12:30pm

Call / text us at 732.768.8049 or follow us on Social Media!
Facebook: www.facebook.com/GreenwayFamilySC
Instagram: @greenwayfamilysuccess

Check out some of our upcoming Programs:

Meal Planning 101

Start the new year off right! Join us for a free two-part workshop on healthy meal planning. Presented by Fitness Coach, Stephen Marinaro. This program will be held on Zoom

[Register Here](#)

Meal Planning Workshop

A 2 part series!

Take away the stress of cooking by learning how to plan weekly meals taught by a personal trainer!

JANUARY 12TH & JANUARY 26TH
5:30 PM TO 6:30 PM

Register here:
<https://bit.ly/GFSCMealPlanning>



How to Maintain An Organized Space: Home Edition

Your home feeling cluttered? Learn how to organize your home! This program will be held on Zoom

[Register Here](#)

How to Maintain An Organized Space: Home Edition

Thursday, January 7th
at 5:30-6:30pm

Join us on Zoom to learn new ways of decluttering and organization skills

Registration Link:
<https://bit.ly/OrgtheHome>



GREENWAY
FAMILY
SUCCESS CENTER

Questions?
Call/Text Us!
732.768.8049

Marvel Trivia + Table Talk

Calling all dads and kids!
Join us for a Marvel movie trivia game. The winner will receive a prize! There will be time after the game for dads to hangout and connect with each other.

[Register Here](#)

MARVEL MOVIE TRIVIA

+ TABLE TALK

(Father and CHILD Program)

Saturday, January 30th
at 11:30am-12:30pm

Registration Link:
<https://www.eventbrite.com/e/table-talk-fatherhood-tickets-132576320343>

Join us for A Day Filled With Games And Conversations!

Winners Will Recieve Prize

Questions?
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Glow in the Dark Party

Wear your brightest neon colors and join us for Greenway's Glow in the Dark Party! Supplies will be provided. This

program will be held on Zoom

[Register Here](#)

A poster for a "GLOW IN THE DARK PARTY" on Friday, January 8th, from 4:15pm to 5:00pm. The background is dark blue with colorful glow sticks at the bottom. The text is in various colors and fonts. It mentions that supplies will be provided and that registration is required on Tuesday, January 5th, at the Greenway Family Success Center. A registration link is provided: bit.ly/Glow2021. The Greenway Family Success Center logo is at the bottom left, and contact information is at the bottom right.

GLOW IN THE DARK PARTY
Friday, January 8th
4:15pm-5:00pm

Supplies will be provided! Register by Tuesday, January 5th and pick up your items on Thursday, January 7th at Greenway Family Success Center.

To register, visit: bit.ly/Glow2021

Space is limited: registration will be first come, first served.

GREENWAY FAMILY SUCCESS CENTER

Questions? Call or text us at 732.768.8049

Did you miss our Fall Virtual Programs?

Crockpot Series

In November we made Crockpot Chicken Drumsticks! Check out the recipe for a easy and fast dinner... You'll be surprised how easy it is!



[Recipe here!](#)

Active Parenting Program

Congrats to all the parents that completed our active parenting program!

This interactive and informative 4 week course is designed to strengthen family bonds and increase children's happiness and success factors by 100%!

Missed the series? Stay tune for our spring workshop!



Have any suggestions? Let us know here!

Volunteer Corner

Grow Your Own Wheatgrass

Parent Advisory Council member, Ana Vega, shared her love of gardening with others by teaching families how to grow their own wheatgrass!

[Find out the Health Benefits Here!](#)



mOTivated Parents Program



Greenway Family Success Center partnered with Kean University on a student-led occupational therapy program! Our interns provided free OT therapy sessions to families of children with special needs.

Interested in Volunteering?

Give back to your community and volunteer at the Greenway Family Success Center!

[Fill out application here](#)

Greenway FSC also has internship opportunities available. If you are interested,
email mvargas.greenwayfsc@preventionlinks.org
with your resume!

Family Resources



COVID-19 Resource List

The CDC offers free updated Covid-19 information. We hope these tools better position families and providers to make the most informed decisions they can about their wellness and safety this winter season. Resources are also available in Spanish.

[CDC Resources](#)

We are Hiring Parents to Care for Their Loved Ones!

Disability Allies



WE ARE HIRING PARENTS TO CARE FOR THEIR LOVED ONES

DISABILITY ALLIES is aware of all the responsibilities parents have with juggling work and their young adults staying home due to COVID-19 day program closure. We have a solution to ease the day to day financial stress by using your DDD budget. Disability Allies is hiring parents and family members to work one on one with their loved ones and get paid.

For further information regarding our Parent Employment, please contact: Harriet Shander Director of Client Services 908-848-0385 OR EMAIL: supportservices@disabilityallies.com

[Click here to Enlarge Flyer](#)

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Looking for Additional Resources?

Fill out our Check-in form and get one on one assistance from a Greenway Family Success Center staff.

[Form\(español\)](#)

[Form \(English\)](#)

// STAY CONNECTED WITH US //



