



### We're Here to Help

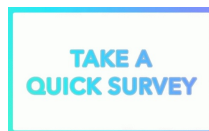
Take our quick Survey so we can better understand your needs!

Families and Partners

If you would like to hear more about related resources, let us know in the comment section of the survey

We will contact you directly

Link Below:



### HEALTH AND WELL-BEING

We understand past few months have been challenging and do hope you & your families are SAFE AND WELL

The Bayway FSC is here to provide the most up to date information to help you & your families

**Share this information** with anyone who may need

No time like the present!

**Take time to check out some activities, resources & tons more offered by our partners (Thank you!)**

**Webinars free!**

Videos will be shared via links or check out our Facebook for more info!

**Remote Hours Are 9am-5pm, Monday-Friday**

**Call us at 908-289-0136**

**or reply to this email**

**From Us & Our Neighbors  
Thank you!**



Welcome Packet

Weekly Events!

Send us a message to register



## Rest Assured. Get Insured.

Mon. January 11 at 6pm | Mon. January 25 at 2pm



### Prevention Health and Medicaid Literacy

Let us give you the tools to get and stay healthy in 2021! This program is offered in English and Spanish.

**JANUARY 20, 2021 • 2:00-3:00 PM**  
FREE VIRTUAL PROGRAM • [TINYURL.COM/ELIZJAN20](https://www.tinyurl.com/elizjan20)

**Your Medicaid Questions Answered:**  
What is NJ Family Care?  
What rights/coverage are available to you?  
How can you get Medicaid?  
**Your Prevention Health Questions Answered:**  
How can I stay healthy?  
What are the resources?  
What are cancer prevention screenings?  
How can I reduce my risk of cancer?

### Prevención Salud y Medicaid Literatura

Le daremos las herramientas para mantenerse saludable en 2021! Este programa se ofrece en español y inglés.

**30 DE ENERO 2021 • 2:00-3:00 PM**  
PROGRAMA VIRTUAL GRATIS • [TINYURL.COM/ELIZJAN20](https://www.tinyurl.com/elizjan20)

**Respondeste a sus preguntas sobre Medicaid:**  
¿Qué es NJ Family Care?  
¿Cuáles son mis derechos de cobertura?  
¿Qué servicios de salud están disponibles para mí?  
¿Cómo puedo obtener Medicaid?  
**Respondeste a sus preguntas sobre Prevención de Salud:**  
¿Cómo puedo mantenerme saludable?  
¿Cuáles son los recursos?  
¿Qué son las pruebas de detección para los cánceres?  
¿Cómo puedo reducir mi riesgo de cáncer?

## after abstinence

Speaker Panel Discussion

What defines recovery for those of us struggling with multiple addictions? Is abstinence based recovery always the answer?

Join us for this webinar where panelists will discuss their experience with process addictions like overeating, gambling, exercising, and sex/love addiction after maintaining long-term abstinence from alcohol & other drugs.

To RSVP, please visit [bit.ly/riseupjan](https://bit.ly/riseupjan)

For questions, please email [mdesrosiers@preventionlinks.org](mailto:mdesrosiers@preventionlinks.org)

Friday January 8th  
7:30PM to 8:45PM

RISE UP CENTER

### Remote via WebEx

Connect at home on your computer or mobile device via WebEx.

Link to Register for January 11 at 6:00pm: <https://www.tinyurl.com/elizjan11>

Link to Register for January 25 at 2:00pm: <https://www.tinyurl.com/elizjan25>

You will be emailed by library staff with the WebEx link and log-in information.

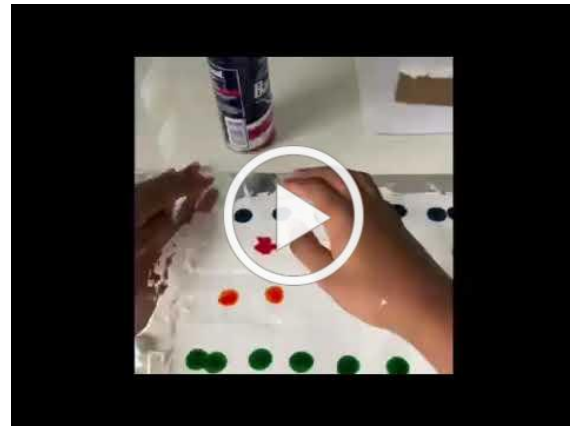
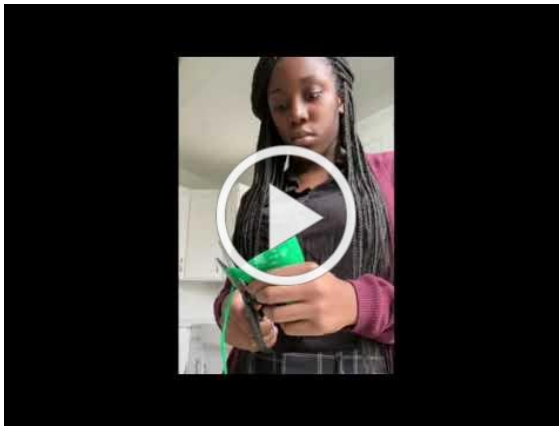
### Remote via Zoom

Connect at home on your computer or mobile device via Zoom.

Link to Register: <https://www.tinyurl.com/elizjan20>

Wednesday, January 20 at 2:00pm

You will be automatically emailed the Zoom link and log-in information



### Union County Programa de detección de cáncer de NJCED

#### EXAMEN DE CÁNCER GRATIS

*Sin seguro ó con seguro insuficiente*

**Mujeres: senos, cervical y colorectal**  
**Hombres: próstata y colorectal**

### Puede salvar tu vida

**LLAME**  
**A los siguientes Proveedores para determinar SI USTED CALIFICA y hacer una cita**

Localidad	Agencia y Dirección	Servicio	Teléfono
Elizabeth	Trinitas Regional Medical Center 655 East Jersey Street, Elizabeth NJ 07206	Mujer	908-994-8244
Linden	Jersey Diagnostic Imaging 929 Northwood Avenue, Linden NJ 07036	Mujer	908-241-5222
Roselle	NP Healthcare Associates 221 Chestnut St. Suite 203 Roselle, NJ 07068	Mujer	908-245-2615
Hoboken	Hoboken Family Planning 124 Grand Street, Hoboken NJ 07030	Hombre	201-963-6300

\* Criterios de edad: examen de detección de cáncer de mama, limitado a mujeres sin seguro o con seguro insuficiente de 40 a 74 años, y mujeres más jóvenes si tienen alto riesgo. Exámenes de detección de cáncer de cuello uterino, cada 3 a 5 años desde los 30 hasta los 64 años. Exámenes de detección de cáncer colorectal: hombres y mujeres de 45 años o más, limitado a la prueba de sangre y hombres y mujeres más jóvenes si tienen alto riesgo. Examen de detección de cáncer de próstata. Análisis de sangre PSA para hombres de 55 a 69 años y hombres más jóvenes si se de alto riesgo.

Criterios de ingresos: Menos del 251% de la definición federal de pobreza.

Este programa NJCED del condado de Union es posible gracias a una subvención del Departamento de Salud de Nueva Jersey. El Programa es administrado por Hoboken Family Planning, Inc. Tel. 201-963-6300

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### Union County NJCED Cancer Screening Program

#### FREE CANCER SCREENING

*Uninsured & Underinsured*

**Women: Breast, Cervical & Colorectal**  
**Men: Prostate & Colorectal**

### It Could Save Your Life

**CALL**  
**Provider Listed Below To Determine IF YOU QUALIFY & Make an Appointment**

Location	Agency & Address	Service	Telephone
Elizabeth	Trinitas Regional Medical Center 655 East Jersey Street, Elizabeth NJ 07206	Women	908-994-8244
Linden	Jersey Diagnostic Imaging 929 Northwood Avenue, Linden NJ 07036	Women	908-241-5222
Roselle	NP Healthcare Associates 221 Chestnut St. Suite 203 Roselle, NJ 07068	Women	908-245-2615
Hoboken	Hoboken Family Planning 124 Grand Street, Hoboken NJ 07030	Men	201-963-6300

\* Age Criteria: Breast Cancer Screening, limited to uninsured and underinsured women age 40 to 74, and younger women if high risk; Cervical Cancer Screening, every 3 or 5 years from age 30 to 64; Colorectal Cancer Screening: men and women age 45 and above, limited to PSA Test and younger men and women if high risk; Prostate Cancer Screening PSA blood test for men age 55 to 69 and younger men if high risk.

Income Criteria: Less than 251% of federal definition of poverty.

This Union County NJCED Program is made possible by a Grant from the New Jersey Department of Health. The Program is administered by Hoboken Family Planning, Inc. Tel. 201-963-6300

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## COVID-19 Vaccine

COVID-19 Vaccine COVID-19 vaccinations are underway across New Jersey. New Jersey will roll out COVID-19 vaccines in a phased approach to all adults who live, work, or are being educated in the State. Within six months, New Jersey aims to...

[Read more](https://covid19.nj.gov)  
covid19.nj.gov




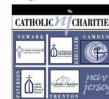



**SERVICIOS  
PARA  
CONSEJERIA  
DE CRISIS**  
Para aquellos que se sienten  
afectados por la pandemia de  
COVID-19

En colaboración con otros socios estatales, Catholic Charities, de la Nueva Jersey les provee consejería de crisis a aquellos afectados por la pandemia del COVID-19. Si usted o cualquier persona siente necesidad de hablar con alguien, favor de llamar:

**732-204-6510**

This program is a Crisis Counseling Program (CCP) is brought to you by NJ Hope and Healing, Catholic Charities Community Services in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, through a FEMA grant.

**CRISIS  
COUNSELING  
SERVICES**  
For those affected by the COVID-19 pandemic

Through a statewide partnership, Catholic Charities Of New Jersey is providing crisis counseling to those impacted by the COVID-19 pandemic. If you or anyone you know needs to speak with someone, call:

**732-204-6510**

This program is a Crisis Counseling Program (CCP) is brought to you by NJ Hope and Healing, Catholic Charities Community Services in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, through a FEMA grant.



### Bereavement Support Group - Monmouth Medical Center

Bereavement Support Group (via Phone) - Monmouth Medical Center The bereavement group will be held via telephone on the 4th Wednesday of every month, from 7:30 - 8:30. Those interested must register by calling 732-923-6090, at which time a...

[Read more](https://www.rwjbh.org)  
www.rwjbh.org



### Coronavirus (COVID19) Parent Resources | RWJBarnabas Health

These resources are to help parents learn more about coronavirus (COVID-19) and how to teach your children health safety tips to help prevent the spread of germs.

[Read more](https://www.rwjbh.org)  
www.rwjbh.org



### COVID-19 Recursos en español | RWJBarnabas Health

COVID-19 Recursos en español. Cómo coser una máscara de tela

[Read more](https://www.rwjbh.org)  
www.rwjbh.org

The DCAid tool is a quick and simple process that allows people to find out if they are eligible for **housing assistance programs, utility assistance, homelessness prevention services**, and other programs that will help to improve their quality of life

The eligibility screening process is a series of questions that takes approximately 1-2 minutes to complete. Users can find out if they are eligible for DCA services that provide assistance with rent, including the Section 8 Housing Choice Voucher Program and the State Rental Assistance Program, **heating costs, utility bills**, removal of lead hazards in the home, Veterans Affairs Supportive Housing (VASH), weatherization assistance, and homelessness prevention programs. The results, based on general income and household information entered, will provide the user with a brief description of eligible programs with contact information for the agency where the user can apply.

## **DCAID ELIGIBILITY TOOL**

**When the Coronavirus Hits Home: Putting Child Care Plans in Writing Just in Case**

### **POWER OF ATTORNEY DOCUMENT**

Steps to protect yourself and children, the POA form that designates a temporary legal guardian in the event a parent or parents become ill or incapacitated

Facebook



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## EMERGENCY MEDICAID

Assistance for undocumented individuals

### **YOU MAY QUALIFY FOR EMERGENCY MEDICAID (PE)**

Requirements: includes but not limited to:

- have no documentation from the U.S Citizen and Immigration Service; or
- Are non-immigrant (students, temporary workers, or children of a worker or visitor on business; or
- Are a qualified alien who is subject to the 5-year bar\* on Medicaid, such as lawful permanent residents, aliens granted parole for a least one year, and certain victims of domestic violence. (this 5-year bar does not apply to children and pregnant women)

Links below will link you to more info:

**[Qualification/Requirements](#)**

**[Explanation of Program](#)**

**NEW JERSEY**

**P-EBT**



1234 5601 2345 6789  
NJ Cardholder

### **NJ SNAP**

When will I get my P-EBT benefits?  
P-EBT benefits will be issued in June, but an exact date is not known at this time. Your one-time benefit will be available when you receive and activate your card. How do I get my P-EBT benefits?

[Read more](#)  
[www.nj.gov](http://www.nj.gov)





**Su buena salud — nuestro compromiso.**

¿Necesita un seguro de salud?  
WellCare puede proveerle un SEGURO DE SALUD SIN COSTO o de BAJO COSTO a través de NJ FamilyCare.

Lláme para más información:

WellCare	1-888-453-2534 (TTY 1-877-247-6272)
NJ FamilyCare	1-800-701-0710 (TTY 1-800-701-0720)

WellCare Health Plans

WellCare, CAG, P, J, 2016 State Approved 05/03/2016

# SMOKING CESSATION

## SUPPORT GROUP

Hosted by the ESH Recovery Center

### EVERY FRIDAY AT 2PM

### Zoom Info

Meeting ID:  
947-4045-8628  
Password: QuitNow

# QUIT VAPING QUIT CIGARETTES

For questions or more info, contact Maddy at [maddy@quitnowlinks.org](mailto:maddy@quitnowlinks.org) or 908-468-5133

© 2016 PREVENTION



**Your Good Health — Our Dedication.**

Do you need health insurance?  
WellCare can provide you with NO-COST or LOW-COST HEALTH INSURANCE through NJ FamilyCare.

Call for more information:

WellCare	1-888-453-2534 (TTY 1-877-247-6272)
NJ FamilyCare	1-800-701-0710 (TTY 1-800-701-0720)

WellCare Health Plans

WellCare, CAG, P, J, 2016 State Approved 05/03/2016

## CENTRAL JERSEY LEGAL SERVICES

During this time of staying at home and social distancing, CJLS remains committed to providing free legal help to low-income residents of Central NJ. We are still providing the same services we always have. Staff are working remotely and are here to help both new and existing clients. Our telephone messages are being monitored and responded to as quickly as possible. If you need legal assistance, call the CJLS office in your county and leave a detailed message or email us at [cjls@lsnj.org](mailto:cjls@lsnj.org). Someone will get back to you. Stay Safe!

**CALL US:**

**Mercer County**  
**609-695-6249**

**Middlesex County**  
**732-249-7600**

**Union County**  
**908-354-4340**

Email  
**[CJLS@LSNJ.ORG](mailto:CJLS@LSNJ.ORG)**  
[www.centraljerseylegalservices.org](http://www.centraljerseylegalservices.org)




With any concerns please reach us at

908-875-0034

or our Facebook and Instagram

Search: Bayway Family Success Center

## Department of Human Services' Novel Coronavirus Information Page

This page contains the the latest resources, policy guidance, and program updates available at this time

**For the most UPDATED INFO on COVID-19**

**Check out this link**

**Call (General COVID-19 Questions) 2-1-1 (7a-11p)**

**Call (Medical COVID-19 Questions) 1-800-962-1253 (24/7)**

**Text NJCOVID to 898-211 to receive alerts**

**REMEMBER:**

**Wash your hands**

**Stay home, especially if you are not well**

& disinfect surfaces daily  
Stay 6ft away from individuals

