



# Skyway FSC Calendar & Registration

## December 2020

Hello Skyway Family & Friends!

We are excited to have you join us in December for our virtual programs and one on one support! Below you will find all the topics we will be covering and how to register for each event.



## December 2020 Calendar

### Virtual Programming



**Skyway FSC location is closed until further notice. Join us for some online fun!**

Call or Text: 201-719-6775

Email: [info.skywayfsc@preventionlinks.org](mailto:info.skywayfsc@preventionlinks.org)

Facebook: [www.facebook.com/SkywayFamilySuccessCenter](https://www.facebook.com/SkywayFamilySuccessCenter)

Instagram: @Skywayfsc



## December 2020 Virtual Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1.	2.	3. Art Program Session 1 (children 10 & older) (Zoom) 3:45 Pm	4.
7. Time Management (Caregivers) (Zoom) 4:00 PM	8.	9. Time for moms (Zoom) **Nutrition** 3:45 Pm	10. Art Program Session 2 (children 10 & older) (Zoom) 3:45 Pm	11.
14. Talk to your kids about Vaping (Caregivers) (Zoom) 3:30 Pm	15. Surprise ME Craft (Zoom) 3:45 Pm	16. Time for moms DIY (Zoom) (Pregnant up to 1 yr. old) 3:45 Pm	17. Art Program Session 3 (children 10 & older) (Zoom) 3:45 Pm	18.
21. Christmas Craft (Zoom) 3:45 Pm	22.	23.	24. 	25. 
28. January Birthday Greetings entries due! Email <a href="mailto:skywayfsc@gmail.com">skywayfsc@gmail.com</a>	29.	30.	31. 	

**Family Craft** – learn new and exciting crafts with our team! For children and adults, invite your whole family! Zoom meeting

**Time for Moms** – a support group for women who are pregnant or have up to a 1-year-old baby. Zoom meeting.

**Time for Moms DIY** – A support group for new mothers to connect and get creative while learning about new topics and getting support from other moms. Zoom

**Talk to your Kids about Vaping**: Join us for a discussion on vaping trends and best practices to talk to children about vaping. Zoom meeting

**Art Program**: Join us for a 6-week artist led art program. Children of **all abilities** are welcomed to participate. Zoom meeting

\*Program dates/times are subject to change. Please call or text us (201-719-6775) for more information. \*

\*\* One on one appointments are available, call us today! \*\*

# Happy Holidays



## Event Registration Links

(Click on the buttons above each flyer to register.)

Register for Skyway Christmas  
Craft

Register for TIME FOR MOMS  
DIY

A red poster with yellow and white Christmas decorations. At the top, there are icons of a snowflake, a gift, a gingerbread man, and a cookie. The text "COME ONE, COME ALL!" is written in white. The main title "Skyway Christmas Craft" is in large, white, stylized letters. Below it, the text "Join us for a fun Family Christmas Craft Meetings will be held on Zoom" is written. A note says "\*Link will be emailed after you register\*". The date and time "Monday December 21st, 3:45 P.M." are listed. At the bottom, there is a registration link and contact information for the Skyway Family Success Center.

COME ONE, COME ALL!

# Skyway Christmas Craft

Join us for a fun Family Christmas Craft  
Meetings will be held on Zoom  
\*Link will be emailed after you register\*

**Monday December 21st, 3:45 P.M.**

Registration link will be found on Facebook\*  
Call for more information 201-719-6775

SKYWAY  
FAMILY  
SUCCESS CENTER

A blue poster with illustrations of a pregnant woman, a baby, and a baby bottle. The text "Time For Moms" is at the top. Below it, the text "Come in and get to know how and what to feed your little one with simple and easy tips learn nutritious recipes for your munchkin open to all moms pregnant or have a child up to one year old" is written. The date and time "Wednesday, December 9th 3:45-4:45pm" are listed. At the bottom, there is a logo for the Skyway Family Success Center.

## Time For Moms

Come in and get to know how and what  
to feed your little one  
with simple and easy tips  
learn nutritious recipes for your  
munchkin open to all moms pregnant or  
have a child up to one year old  
**Wednesday, December 9th  
3:45-4:45pm**

SKYWAY  
FAMILY  
SUCCESS CENTER

**Register for TIME FOR  
MOMS**



**Time For Moms**

**Come in and get to know how and what  
to feed your little one  
with simple and easy tips  
learn nutritious recipes for your  
munchkin open to all moms pregnant or  
have a child up to one year old  
Wednesday, December 9th  
3:45-4:45pm**

**Register for SUPRISE ME  
CRAFT**

**Register for VAPING: WHAT YOU  
NEED TO KNOW**



## Surprise Me Craft

Join us to learn  
new and exciting crafts with our  
team! Get creative with our  
surprise bags and create  
something new.

Tuesday, December 15<sup>th</sup>  
3:45pm



\*Craft bags will be provided\*



## VAPING: What You Need To Know

- Are you a parent or adult who cares about the health of youth in the community?
- Ever wonder if vaping is safer than cigarette smoking?

### Join Us For A Virtual Workshop!

Monday, December 14<sup>th</sup>  
@ 3:30pm

For more information please contact:

**Fatima at (201)972-5271**

REGISTRATION IS REQUIRED.

\* Zoom link will be sent to all registered participants\*

This program is supported by funding received from the Hudson County Health Department.

Register for TIME MANAGEMENT

## Time Management



Superhumans do not exist but  
**SUPER MOMS** do!

Learn ways to manage your time at home  
and enjoy more family moments together.

Monday, December 7<sup>th</sup>  
4:00 PM - 4:30 PM

**\*Registration is REQUIRED\***

If you have any questions,  
please call us at 201-884-2224



# Our Team

(Help us welcome them!)



**Hi I'm Suramya,** a PAC member of Skyway Family Success center! I speak English and Hindi. I am looking forward to using my MA degree, work experience in a hospital as a dietician as well as my experience as a mother to give back to young mothers and expectant mothers by educating them on food structures for babies and toddlers. During my free time I like to make art using acrylic paint.



**Hi I'm Juana,** a team member at Skyway Family Success Center. I help out in data entry, making crafts for the kids and decorations in the Center. I speak Spanish and English. I had my degree from Fashion Institute of Technology in New York where my passion in fashion designing advanced to a fulfilling career. Now, I enjoy my time with my family, cook tasty dishes and sew clothes in my leisure time. I hope to meet all the families and see the smiles of the kids again.

## One-on-One Appointments

The Skyway Team welcomes families to schedule appointments on Tuesdays, Wednesdays and Thursdays for one-on-one support.

**Please call, text, or email our team to schedule your appointment.**

If you call before or after office hours, please leave a voicemail with your phone number and we will return your call.

English & Arabic :

**Fayza Mohammad - Family Partner**  
**[fmohammad.skywayfsc@preventionlinks.org](mailto:fmohammad.skywayfsc@preventionlinks.org)**  
**201-719-6775**

**English & Spanish:**  
**Fatima Gutierrez Jhong- Volunteer & Community Partnership Coordinator**  
**[fgutierrezjhong.skywayfsc@preventionlinks.org](mailto:fgutierrezjhong.skywayfsc@preventionlinks.org)**  
**201-972-5271**



**Stay connected! Like our Facebook & Instagram page!**

**Skyway Family Success Center**  
**35 Journal Square Plaza Suite 501**  
**Jersey City, NJ 07306**  
**(201) 719 - 6775**

