

# Liberty Family Success Center Quarterly Newsletter October 2020



The Liberty Family Success center had an exciting quarter! Here some highlighted programs that took place through the months of July and September!

## Summer Reading Club!

Summer Reading Club was an 8-week program designed for children between the ages of 6 to 12 to reinforce reading comprehension and creative writing in a dynamic and creative way. Our children loved reading to their peers and having fun while still learning in a virtual setting. We played games and had so much fun; Mothers were thrilled to see their kids engaged in this learning and fun experience!



## Community Backpack Drive!

This backpack drive was sponsored by U.S Census 2020. Liberty FSC gave over one hundred backpacks with school supplies to children from kearny and surrounding community areas. Our children even got to get delicious ice-cream!!



## Active Parenting!


For the very first time, The Active Parenting program was offered in a virtual setting! Parents got to learn different techniques to help their children with fundamental principles such as: self-esteem, responsibility, and cooperation.






Activities	Description	When
Homework Club	Homework Club is a tutoring program for children in grades K-garden to sixth grade that are in need of extra help with school work. Currently facilitated virtually, in two groups <b>Registration Required!</b> 📞	<i>Group 1</i> November, 2 <sup>nd</sup> 9 <sup>th</sup> , & 16 <sup>th</sup> 3:00 pm-4:00 pm <i>Group 2</i> November, 10 <sup>th</sup> , 17 <sup>th</sup> , 24 <sup>th</sup> 3:30pm-4:30pm
O.T Session	In collaboration with KEAN UNIVERSITY, LibertyFSC currently offers, One-on One therapy sessions to children who need assistance in developing, improving and maintaining skills for daily living <b>Space is limited. Registration Required!</b> 📞	<b>Wednesdays,</b> November 4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> <b>Zoom</b>
NJ Family Care Enrollment	You can get NO-COST or LOW-COST HEALTH INSURANCE from WellCare through NJ Family Care. Please note that appointments are through the phone and during specific hours. Call the center for details! <b>Registration Required!</b> 📞	<b>Mondays, November 2<sup>nd</sup> &amp; 16<sup>th</sup></b> <b>1:00 pm -3:00 pm</b> <b>Zoom</b>
O.T Parent Support Group	This parent support group complements O.T sessions. The group is designed for parents who will meet virtually with KEAN UNIVERSITY students to discuss parent strategies and offer support, for better therapy outcome <b>Space is limited. Registration Required!</b> 📞	<b>Thursdays,</b> November 5 <sup>th</sup> , 12 <sup>th</sup> & 19 <sup>th</sup> <b>Zoom</b>
Yoga Series With Natalie	Liberty FSC in collaboration with Natalie offers Yoga to families with children with special needs. The program is virtual that is great for the whole family! <b>Space is limited. Registration Required!</b> 📞	<b>Thursdays, November 5<sup>th</sup> &amp; 19<sup>th</sup></b> <b>5:00 pm – 6:00 pm</b> <b>Zoom</b>
Family Movie Night!	Get your popcorn ready because Family Movie Night is back!!! Join us as we will be virtually watching "Gnome Alone" connect and join the fun! <b>Registration Required!</b> 📞	<b>Friday, November 6<sup>th</sup></b> <b>3:30 pm – 5:00 pm</b> <b>Zoom</b>
Foundations to Success	The Foundations to Success Program is an 8-week training program focusing on foundational skills required to enter and succeed within the workforce today. <b>Space is limited/Registration Required!</b> 📞	<b>Saturdays, November 7<sup>th</sup> &amp; 21<sup>st</sup></b> <b>9:00 am – 11:00 am</b> <b>Zoom</b>
Let's Zumba with Gisela!	Come and join us with your entire family as we throw some moves in Zumba!! Program is live and virtual! <b>Registration Required!</b> 📞	<b>Tuesdays, November 10<sup>th</sup> &amp; 24<sup>th</sup></b> <b>5:00 pm 6:00 pm</b> <b>Zoom</b>
PAC Meeting	Our Monthly Parent Advisory Council Meeting (PAC) is back! Members get the opportunity to learn about the changes that are happening at the center as well discussing our community needs and goals. <b>Membership Required!</b> 📞	<b>Tuesday, November, 10<sup>th</sup></b> <b>4:30 pm – 5:30 pm</b> <b>Zoom</b>
Caramel Apple!	Join us for some delicious Family Fun! We will be making Caramel Apples at home! (Apples and goodies will be provided) <b>Registration Required!</b> 📞	<b>Friday, November, 20<sup>th</sup></b> <b>3:45pm – 4:45 pm</b> <b>Zoom</b>
P.A.C.O Q & A Informational Session	Need Financial assistance with your electrical bill? Join us in this virtual Q & A session. A Rep. from this program will explain what PACO is, and will offer information on how to apply for this resource <b>Registration Required!</b> 📞	<i>Spanish Session: November 18<sup>th</sup></i> <i>English Session: November 20<sup>th</sup></i> <b>4:00 pm -5:00 pm</b>
How to Talk to your Kids About COVID-19 and Family Activities to Do at Home	COVID-19 can be overwhelming, especially for parents. Join us for an educational workshop for parents, where we would discuss ways to help our children understand what COVID is, and resources with at home activities! <b>Registration Required!</b> 📞	<b>Monday, November, 23<sup>rd</sup></b> <b>3:00 pm – 4:00 pm</b> <b>Zoom</b>

# VIRTUAL FAMILY MOVIE NIGHT



**Bring Your Favorite Snack and Join Us As We Watch  
"Gnome Alone"**  
**via Zoom**

**FRIDAY, NOVEMBER 6TH, 2020**  
**3:30 PM -5:00 PM**  
Text "Movie" to 201-719-6921 to Register



## Candy Apple Bar



Friday November 13th 2020  
3:00 PM-4:00PM

Join us via [ZOOM](#) as we recreate this favorite sweet treat!  
We would be making our own caramel apples, while having  
fun, talking and getting to know each other!



To Register text "Apple" to 201-719-6921

## LFSC Resources for the Season!

Low Income Home Energy Assistance Program (LIHEAP)  
through P.A.C.O

## Need Help Paying Your PSE&G Bill?



**Our Low Income Home Energy Assistance Program  
(LIHEAP) Can Help!**

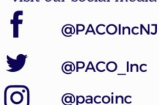
Required Documents:

- UTILITY BILL: ALL PAGES - Oil | Propane | Kerosene
- PROOF OF RESIDENCE
- PROOF OF INCOME FOR ALL MEMEBERS OF HOUSEHOLD 18 AND OVER
- SOCIAL SECURITY CARD FOR ALL MEMEBERS OF THE HOUSEHOLD
- MEDICAL VERIFICATION FOR COOLING BENEFIT

**WE ARE NOW ACCEPTING APPLICATIONS  
OVER THE PHONE!!!**

**CONTACT US TODAY AT 1844.PACO.HEA (1.844.722.6432)  
OR BY EMAIL: [LIHEAP@PACOAGENCY.ORG](mailto:LIHEAP@PACOAGENCY.ORG)**

For more information and updates  
visit our social media channels.



@PACoIncNJ

@PACO\_Inc

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# ¿Necesita ayuda para pagar su factura de PSE&G?



¡Nuestro Programa de Asistencia de Energía para  
Hogares de Bajos Ingresos (LIHEAP) puede ayudar!

Documentos Requeridos:

- FACTURA DE UTILIDADES: TODAS LAS PÁGINAS - Aceite | Propano | Queroseno
- PRUEBA DE RESIDENCIA
- COMPROBANTE DE INGRESOS PARA TODOS LOS MIEMBROS DEL HOGAR MAYORES DE 18 AÑOS
- TARJETA (S) DE SEGURO SOCIAL PARA TODOS LOS MIEMBROS DEL HOGAR
- VERIFICACIÓN MÉDICA PARA BENEFICIOS DE ENFRIAMIENTO

**¡¡¡AHORA ESTAMOS ACEPTANDO  
SOLICITUDES POR TELÉFONO !!!**

**CONTACTENOS HOY AL 1844.PACO.HEA (1.844.722.6432) O  
POR CORREO ELECTRÓNICO A: [LIHEAP@PACOAGENCY.ORG](mailto:LIHEAP@PACOAGENCY.ORG)**

Para obtener más información y actualizaciones,  
visite nuestros canales de redes sociales



PACO PARTNERS WITH



**DROP-OFF  
LOCATION**

**341 KEARNY AVE  
KEARNY, NJ 07032**

For more info visit  
[www.pacoagency.org](http://www.pacoagency.org)

Required Documents:

- UTILITY BILL - ALL PAGES Oil | Propane | Kerosene
- PROOF OF RESIDENCE
- PROOF OF INCOME FOR ALL MEMEBERS OF HOUSEHOLD 18 AND OVER
- SOCIAL SECURITY CARD(S) FOR ALL MEMEBERS OF THE HOUSEHOLD
- MEDICAL VERIFICATION FOR COOLING BENEFIT

**For more information about LFSC Programs,  
resources, and volunteer opportunities, please call:**

**(201) 622-2210 Office  
(201) 719-6921 Cell**

**Our Address:**

**341 Kearny Avenue Kearny, NJ 07032**

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Stay Safe by Following These Tips!

