



Skyway FSC Newsletter - October 2019

Thank you for joining the Skyway Family Success Center Family!

We had an exciting summer filled with fun and educational activities for our community. Take a look at our summer program highlights and remember to check out upcoming programs in our November calendar.

Our team would like to give a sincere thank you to our community partners and donors for their collaboration and support!

Summer 2019 - Highlights



Hudson County Holistic Immersion Program - July & August

The 9-week program was a community favorite exposing children of all abilities to visual arts and a recreational creative movement. Far beyond drawing and painting, our young community members developed outside the box art skills that will make them stand out in academic and overall community environments.

Sponsored by Hudson County



EcoSquad

Our 7-week program increased awareness of environmentally friendly activities and practices for our school aged children.

Our children enjoyed creating cardboard hand robots, reusable water bottles and motivational tote bags among others.

We celebrated Jersey City's plastic bag ban and spread the word about the benefits! The children developed into community advocates for a greener city, spreading the word about helpful tips to make change.

Created by the Skyway Team.

Upcoming events - November 2019



Active Parenting Workshops

Because children respond better to actions than to words, to be an effective parent is to be an **ACTIVE PARENT**.

This interactive and informative 6 week course is designed for parents/legal guardians of children 5-12 years old. The goal is to strengthen family bonds and increase children's happiness and success factors by 100%!

Registration is limited! Register on Eventbrite or call 201.884.2224 for more information.

Mondays 11:15 am- 12:45 pm

Starting November 11th, 2019

Active Parenting

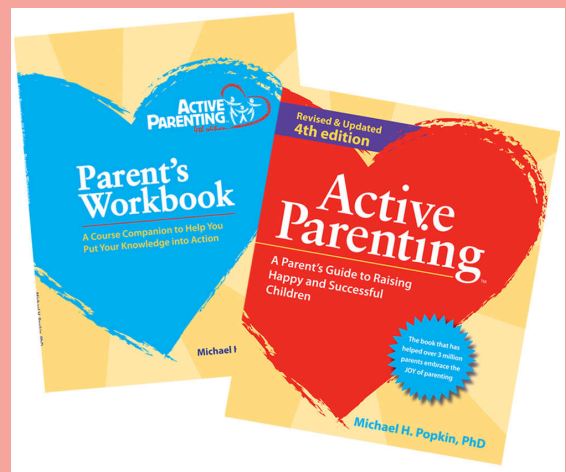
Parenting can be stressful. Learn ways to enhance your positive discipline, problem solving, and character development skills.

Explore positive parenting techniques, meet other parents, and discuss common challenges parents face.

F
r
i
,
N
o
v
8
,
2
0
1
9
1
1
:
1
5
A
M
E
S
T
A
c
t

div
e
P
a
r
e
n
t
i
n
g
I
n
f
o
S
e
s
s
i
o
n
S
k
y
w
a
y
F
a
m
i
l
y
S
u
c
c
e
s
s
C
e
n
t
e
r
,
J
e
r
s
e
y
C
i
t
y

Tickets



Keep Me Lead Free

A FREE exciting presentation about lead poisoning prevention for children featuring a Video with Elmo and his Sesame Street™ friends! Parents, join us and learn how you and your family can stay lead free!



For more information, contact:
MELISSA MITTELHOLZER or FATIMA GUTIERREZ
At 973-268-2280 ext. 146 or 201-884-2212

A FREE exciting presentation about lead poisoning prevention for children featuring a Video with Elmo and his Sesame Street™ friends! Parents, join us and learn how you and your family can stay lead free!

PARENT & CHILD (3-5 YEARS OLD) WORKSHOP!

Registration is limited!

Wednesday, Nov. 13 11:15 am

W
e
d
,
N
o
v
1
3
,
2
0
1
9
1
1
:
1
5
A
M
E
S
T
K
e
e
p
M
e
L
e
a
d

F
r
e
e

Tickets

35 Journal Square Ste. 501 Jersey City, NJ
Office: 201-884-2224 Fax (201) 763-7156
Center Hours:
Monday, Wednesday & Friday 11a.m.-5 p.m.
Tuesday & Thursday 11a.m.-7 p.m.

Register on Eventbrite
www.eventbrite.com
Programs are FREE and Open
to EVERYONE!



November 2019 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	---------	-----------	----------	--------	----------

				1. Breakfast & Chat for Mothers (Pregnant up to 1-year-old baby) 11:00 AM- 12:30 PM	2.
4. Women's DIY Crafts (Adult Workshop) 11:30 Am - 12:30 PM	5. NJ Family Care (English and Arabic) 11:30 AM - 1:00 PM Eating Smart & being Active (Adult Workshop) 11:30 Am- 1:00 PM Winter Snacking (Ages 5-12) 4:30 PM- 5:30 PM	6.	7. Youth Group (FSO) 5:30 PM- 7:00 PM	8. Active Parenting (Info Session) 11:15 Am- 12:45 PM	9.
11. NJ Family Care (English and Spanish) 11:30 AM - 1:00 PM Active Parenting For adults with children 5-12 11:15 Am- 12:45 PM	12. Eating Smart & being Active (Adult Workshop) 11:30 Am- 1:00 PM Skyway Birthday Party 5:00 PM- 6:00 PM	13. Keep me Lead Free (Ages 3-5) 11:15 Am- 12:30 PM	14. Kiddy Krafts (Ages 5-9) 4:00 PM- 5:00 PM Youth Group (FSO) 5:30 PM- 7:00 PM	15. Little Steps 2.0 (Ages: 25-36 months) 11:15 Am- 12:15 PM	16.
18. Active Parenting For adults with children 5-12 11:15 Am- 12:45 PM	19. Eating Smart & being Active (Adult Workshop) 11:30 Am- 1:00 PM	20. Little Steps (Ages: 12-24 months) 11:15 Am- 12:15 PM	21. Youth Group (FSO) 5:30 PM- 7:00 PM	22.	23.
25. Active Parenting For adults with children 5-12 11:15 Am- 12:45 PM	26.	27.	28. HAPPY THANKSGIVING	29. SORRY WE'RE CLOSED	30.

See back for details

Follow us: www.facebook.com/SkywayFamilySuccessCenter

Parent Advisory Council

Our Parent Advisory Council meets once a month to plan activities, address community needs and provide programming feedback. PAC members also assist with volunteering or leading programs at the Skyway FSC.



Rama Singh

I am a full time mom and former Assistant Law Professor. I am from India and have been living in Jersey City, NJ for a year now. I love meeting new people and learning about their cultures. Helping others gives me immense joy. Some of my favorite hobbies include reading, sketching and cooking.

I decided to join the Skyway FSC's PAC because this center is my home away from home. The staff and members have become my support system in the US. Every time I attend a program, I leave with positive vibes. My son is growing in a positive environment surrounded by caring individuals. I am very grateful to the Skyway Team.

Want to become a PAC member?

If you are interested in joining PAC, please visit our center or call 201.884.2224 to schedule a meeting.

Stay connected! Like our Facebook & Instagram page!

Skyway Family Success Center
 35 Journal Square Plaza Suite 501
 Jersey City, NJ 07306

Jersey City, NJ 07309
(201) 884 - 2224

