

TO THE CLASS OF 2020 CONGRATULATIONS YOU DID IT!





### We're Here to Help

Take our quick Survey so we can better understand your needs! Families and Partners If you would like to hear more about related resources, let us know in the comment section of the survey We will contact you directly Link Below:

**Quick Survey** 

Thank you!

#### HEALTH AND WELL-BEING

We understand past few weeks have been challenging and do hope you & your families are SAFE AND WELL

The Bayway FSC is here to provide the most up to date information to help you & your families Share this information with anyone who may need

No time like the present! Use this time to reflect, rest, meditate, create art or explore a new skills you've always wanted to learn or take time to check out some activities, resources & tons more offered by our partners (Thank you!)

> Webinars free! Videos will be shared via links or check out our Facebook for more info!

### DO IT YOURSELF! From Us & Our Neighbors



### OLogy: The Science Website for Kids | American Museum of ...

Find out about fossils, the universe, animals, and much more! On OLogy, kids of all ages can play games, do activities, collect cards, and meet scientists.

Read more www.amnh.org

# Census Bureau

# Home and Distance Learning Activities

Component ID: #ti458907695 Component



ID: #ti2138357138 Component ID: #ti1851311381 Bring data close to home by helping students collect, analyze, and compare kid-friendly information about their own state. Students can examine data about kids...

Read more www.census.gov



### Art-Making Activities Families Can Do at Home | Magazine

Oprima aquí para leer este artículo en español. As I write this, my son is asking when I'll be done so I can play with him...again. We get that working and taking care of your child(ren) is tough but we hope these art-inspired prompts can provide ...

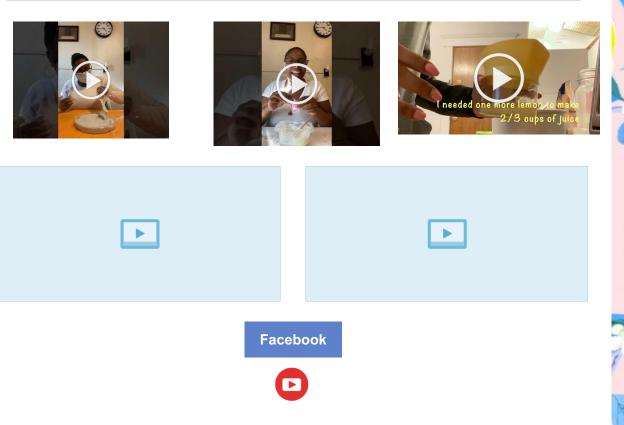
Read more www.moma.org



### How To Exercise At Home: 50 Best Free Home Workouts

Want to know how to exercise more without making time for the gym? Wish you knew the best home exercises that will actually get you results? You're in the right place. These are the 50 best resources for free online workouts that make is easy for ...

Read more makeyourbodywork.com

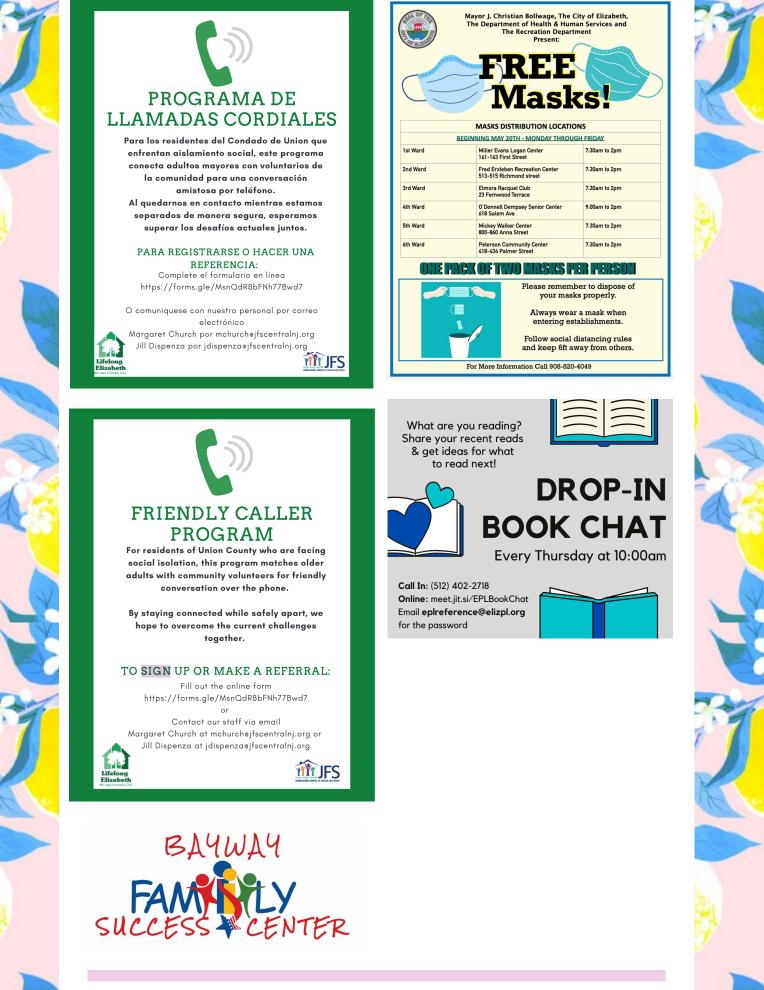


### NEED HOUSING ASSISTANCE?

The DCAid tool is a quick and simple process that allows people to find out if they are eligible for **housing assistance programs, utility assistance, homelessness prevention services**, and other programs that will help to improve their quality of life

The eligibility screening process is a series of questions that takes approximately 1-2 minutes to complete. Users can find out if they are eligible for DCA services that provide assistance with rent, including the Section 8 Housing Choice Voucher Program and the State Rental Assistance Program, **heating costs**, **utility bills**, removal of lead hazards in the home, Veterans Affair Supportive Housing (VASH), weatherization assistance, and homelessness prevention programs. The results, based on general income and household information entered, will provide the user with a brief description of eligible programs with contact information for the agency where the user can apply.

### DCAID ELIGIBILITY TOOL



Are You an Essential Worker Using Public Transportation?

Our friends at the Tri-State Transportation Campaign

want to hear from you about travel behaviors and demographic characteristics Any person 18+ who continue to work outside of home is encouraged to participate.

### CLICK HERE TO TAKE SURVEY

## **Click these links to register for upcoming virtual courses, ALL FREE**

Teaching Adults with Intellectual and Developmental Disabilities to Plan, Cook and Enjoy Meals. Practical and informative webinar that will teach you the value and the "how-to's" of involving your family or house member in meal preparation. To view this free webinar, click the following link:

**REGISTER HERE** 

**Operation Parent** is here to support parents, schools, & coalitions who are responsible for helping to shape the lives of teens and preteens.

### **OPERATION PARENT WEBINARS**

#### **BROADBAND OPTIONS FOR STUDENTS: COVID 19**

Free for 60 days For students K through 12/ college students Major telecommunications will not terminate services to residential or small businesses Waived late fees Open Wi-Fi hotspots to any who needs

See article for details

Visit Website

SPANISH MATH VIDEOS

FREE Guided Meditation for Educators

NJ LEEP Free Resources for Students

### TIPS TO HELP teens COPE DURING COVID-19



#### FLORIDA (WMC, WMN) NEW JERSEY (JMD), NEW YORK (NMD) LOB Type of Change SAFELINK/TRACFONE - NEW UPDAT

Contact For more information or details about the benefits listed below, please contact Janise Smith, Sr. Product Manager Medicaid at 813-206-3833 Effective EFFECTIVE Immediately

#### NEW UPDATE Summary

<u>SafeLink</u> Wireless is continuing to take all possible measures to ensure that they provide a reliable service to our members during these challenging times (COVID19).

Safelink is collaborating with their partner Doc Health and they are extending the below offering to members who have a phone through Safelink.

Doc Health is providing 3 free medical videos and free written prescriptions at NO COST to our members who have a phone through Safelink in the following States:

#### Florida, New York and New Jersey.

Members would just download the app (Doc.com) from the app store onto their phone and register with their email or phone number to get started.





Fun, Education, Support and Togetherness

#### **Morning Session**

Brain Health Through Nutrition - 10:00 AM Mind & Body Yoga (all levels) - 11:00 AM

Lunch Break Open Discussion (optional) - 12:00 PM

#### Afternoon Session

Q&A with State and BIANJ Representatives - 1:00 PM

Art and Recreation - 2:00 PM

BRAIN INJURY ALLIANCE OF NEW JERSEY | 732-783-6172 | INFO@BIANJ.ORG | BIANJ.ORG/FAMILY-FEST



#### FAMILY INTERVENTION

#### Family Outreach Program (FOP)

FOP aims to stabilize Morris County families by fostering the family's strengths and enabling youth to remain at home and in school. Services will be provided in the home and in the community. The length of services averages 3-6 months, meeting anything from 1-2 hours per week with bilingual staff for English/Spanish speaking families

#### Services available through telehealth platforms

(video or phone appointments)

- This Service is Open to:

   • Families with children between the ages of 0-18 years of age

   • Families whose children may be at risk for out-of-home placement
- Families who have experienced traumatic situations

- This Service Provides: Communication and advocacy skills for the family Community connections for basic needs
- Group counseling to strengthen family relationships
- Budgeting for all family members
- Parent coaching and skill building
- Assistance with managing school concerns
- Stress reduction 24-hour/7-day a week on call crisis intervention

#### FOP referrals can be received from:

- Families (self-Referrals)
  Children's System of Care Partners
- Community Providers/Members

Contact: Dahiana P. Grisales, I CSW dgrisales@fisnj.org 973-586-5243 extension #347.





#### Family Outreach Program (FOP)

FOP tiene como objetivo estabilizar a las familias del condado de Morris capitalizando en las fortalezas de la familia y ayudando a que los menores permanezcan en casa y en la escuela. Los servicios serán provistos en el hogar y en la comunidad y duran un promedio de 3 a 6

meses, y cubren 1 a 2 horas por semana con un trabajador bilingüe. Todos los servicios están disponibles a través de plataformas de telesalud (citas por video o teléfono)

#### FOP Está Disponible Para:

- Familias con niños entre las edades de 0-18 años. Familias que tengan niños con comportamientos que los pongan en riesgo de recibir crianza fuera de su hogar.
- Familias experimentando situaciones traumáticas

- FOP Ofrece: Aprender habilidades de comunicación he advocar por si mismo
- Conexiones a los servicios en la comunidad Consejería de grupo para fortalecer las relaciones familiares
- Manejo de presupuesto
- Entrenamiento para padres y desarrollo de habilidades
- Ayuda para manejar las preocupaciones de la escuela
- Reducción del estrés
- Intervención por teléfono de crisis familiares las 24 horas al día, 7

#### días a la semana Como Recibir Servicios de FOP:

- · Familias pueden completar su propio referido
- Proveedores del Sistema Estatal de Cuidado de Niños (CSOC) Miembros y Proveedores Comunitarios
  - Contacto: Dahiana P. Grisales, LCSW
  - dgrisales@fisnj.org o 973-586-5243 extensión #347

## **READY-TO-HEAT-MEALS**

International Rescue Committee collaborates with the City of Elizabeth & Freeholder Granados to distribute ready-to-heat meals throughout Elizabeth in partnership with World Central Kitchen

What does this mean?

Meals will be available daily starting April 2 for all community residents struggling with food security

Food will be distributed MONDAY through SATURDAY from 12pm-2pm

Residents can pick up meals EITHER:

Stephen Sampson Senior Center, 800 Anna Street Elizabeth, NJ

O'Donnell Dempsey Senior Center, 618-622 Salem Avenue, Elizabeth, NJ

NO IDs will be checked

Remember to practice all recommended precautions relating to social distancing when leaving home and should NOT leave home if you are feeling sick

**ONE PERSON PER HOUSEHOLD** should pick up food for the entire household Limited to **2 MEALS** per family per day





#### School Meeds Budden of Youth Services is providing a list of schools and agencies, where you are at utritious meals from the maintain a productive week. Elizabeth public actions of Youth Services is providing a list of schools and agencies, where yo are at utritious meals from the maintain a productive week. Elizabeth public actions are providing meals to enrolled students who qualify for free or reductions of Youth Services and Services and Services actions of Youth Services are providing week for the school of and Services (School 28 - for all Prek - 12 students that live in the school 28 and 29 conc. School 29 - for all Prek - 12 students that live in the school 28 and 29 conc. School 29 - for all Prek - 12 students that live in the school 28 and 29 conc. School 29 - for all Prek - 12 students that live in the school 28 and 29 conc. School 29 - for all Prek - 12 students that live in the school 28 and 29 conc. School 29 - for all Prek - 12 students that live in the school 28 and 29 conc. School 29 - for all Prek - 12 students that live in the school 29 and 4 conce. School 26 - for all Prek - 12 students that live in the school 19 at and 4 conce. School 26 - for all Prek - 12 students that live in the school 19 at and 4 conce. School 26 - for all Prek - 12 students that live in the school 19 at and 4 conce. School 26 - for all Prek - 12 students that live in the school 19 at and 4 conce.

Board of Chosen Freeholders UNION COUNTY We're Connected to You! YOUTH Touth Service

## School Meals East Region

To assist our Union County families affected by the COVID-19 Coronavirus, the Division of Youth Services is providing a list of schools and agencies youth can get nutritious meals from to maintain a productive week.

Unior

Roselle

#### Hillside Every 3 days 11:00am-1:00pm

Hurden-Looker Elementary School Walter O. Krumbiegel Middle School George Washington Elementary

Available to enrolled students qualified fo free or reduced breakfast and lunch.

Roselle Park Monday-Fridays 11:00am-1:00pm Roselle Park High School

Available to enrolled students qualified for free or reduced breakfast and lunch.

For More Information: https://www.hillsidek12.org http://www.twpunionschools.org/ http://www.rpsd.org/ https://www.roselleschools.org/

If you do not qualify please contact: Hawa Bonds, Division Director Hbonds@ucnjorg

Monday-Friday 10:30am-12:30pm

Available to enrolled students qualified for or reduced breakfast and lunch

Monday-Fridays 11:00am-1:00pm Abraham Clark High School Available to enrolled students qualified for free or reduced breakfast and lunch.

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Did you lose your job or have your hours reduced as a result of COVID-19?Businesses across New Jersey need thousands of workers for immediate hire. Learn more about who is hiring in your community.

Employers in critical industries should submit information about openings with urgent hiring needs related to COVID19

# **SEARCH FOR JOBS**

## Over 45,000 Jobs available throughout New Jersey



## EMERGENCY MEDICAID

Assistance for undocumented individuals

#### YOU MAY QUALIFY FOR EMERGENCY MEDICAID (PE)

#### Requirements: includes but not limited to:

- have no documentation from the U.S Citizen and Immigration Service; or
- Are non-immigrant (students, temporary workers, or children of a worker or visitor on business; or
- Are a qualified alien who is subject to the 5-year bar\* on Medicaid, such as lawful permanent residents, aliens granted parole for a least one year, and certain victims of domestic violence. (this 5-year bar does not apply to children and pregnant women)

Links below will link you to more info:

#### **Qualification/Requirements**

#### **Explanation of Program**



N026138 CAD FLY SPA State Approved 06342014

NJ026138 CAD FLY ENG State Approved 06242014

oWellCare 2012 NJ\_04\_14\_Adobe

CENTRAL JERSEY LEGAL SERVICES



During this time of staying at home and social distancing, CJLS remains committed to providing free legal help to low-income residents of Central NJ. We are still providing the same services we always have. Staff are working remotely and are here to help both new and existing clients. Our telephone messages are being monitored and responded to as quickly as possible. If you need legal assistance, call the CJLS office in your county and leave a detailed message or email us at cjls@lsnj.org. Someone will get back to you. Stay Safe!

#### **CALL US:**

Mercer County 609-695-6249

Middlesex County 732-249-7600

Union County 908-354-4340

Email CJLS@LSNJ.ORG

www.centraljerseylegalservices.org



VeliCare 2012 NJ\_04\_14\_Adobe 092-14-033

### 908-233-7273

- 24/7 Crisis Hotline - Remote Crisis Counseling and Support Services - Prevention Education Available Virtually - Referrals to Community Resources





# When the Coronavirus Hits Home: Putting Child Care Plans in Writing Just in Case

### POWER OF ATTORNEY DOCUMENT

Steps to protect yourself and children, the POA form that designates a temporary legal guardian in the event a parent or parents become ill or incapacitated

> With any concerns please reach us at 908-875-0034 or our Facebook and Instagram Search: Bayway Family Success Center

## Department of Human Services' Novel Coronavirus Information Page

This page contains the the latest resources, policy guidance, and program updates available at this time

For the most UPDATED INFO on COVID-19

Check out this link

Call (General COVID-19 Questions) 2-1-1 (7a-11p)

Call (Medical COVID-19 Questions) 1-800-962-1253 (24/7)

Text NJCOVID to 898-211 to receive alerts

#### **REMEMBER:**

Wash your hands Stay home, especially if you are not well & disinfect surfaces daily Stay 6ft away from individuals





# 2020 CENSUS

## **Remember to TAKE THE CENSUS!**

Every household & every person counts! The goal of the 2020 Census is a complete and accurate count of everyone living in the United States and its five territories. It determines the number of schools, hospitals and other services needed in YOUR community. CLICK HERE to learn how to respond by phone, online or mail