



"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."

Maya Angelou

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					01 How to write a thank you email @ 2pm	
	04 Utility Assistance by Zoom appointment 12pm-2pm	05 W.O.W Live Chat on Zoom @ 4pm	06 Resource Update Video @ 2pm	07 Brownie from Scratch Let's Bake Together @ 4pm	08 Do's and Don'ts of Professional Email Writing @ 2pm Mother's Day Card Making Live @ 4pm	
	11 Utility Assistance by Zoom appointment 12pm-2pm	12 D.I.Y Bath Bombs @ 4pm	13 Resource Update Video @ 2pm	14 Banana Pudding Let's Bake Together @ 4pm	15 Email etiquette for job seekers @ 2pm	
	18 Utility Assistance by Zoom appointment 12pm-2pm	19 W.O.W Live Chat on Zoom @ 4pm	20 Resource Update Video @ 2pm	21 Hand Washing Tutorial @ 4pm	22 How to conduct yourself in an interview @ 2pm	
	25 Utility Assistance by Zoom appointment 12pm-2pm	26 Easy Canvas Painting @ 4	27 Resource Update Video @ 2pm	28 Healthy Food Alternatives @ 4pm	29 Questions to ask during an interview @ 2pm	HELLO May

Zoom Appointments  
Can be made by calling  
our cellphone  
908.875.0034

May  
2020

Live Videos on Facebook @ Bayway Family Success Center  
Utility Assistance & Guided Job Search/ Resume Building by Zoom Appointment Mondays & Fridays  
All video are uploaded on Facebook, Instagram and YouTube @ the designated times.  
Make sure to follow us on all of our Social Media to keep up with programs, resources, announcements and more!

## HEALTH AND WELL-BEING

We understand past few weeks have been challenging and do hope you & your families are **SAFE AND WELL**

The Bayway FSC is here to provide the most up to date information to help you & your families  
**Share this information** with anyone who may need

No time like the present!

Use this time to reflect, rest, meditate, create art or explore a new skills you've always wanted to learn or  
**take time to check out some activities, resources & tons more offered by our partners (Thank you!)**

**Webinars free!**

Videos will be shared via links or check out our Facebook for more info!

Facebook



**Click these links to register for upcoming virtual courses,  
ALL FREE**



### **Teaching Adults with Intellectual and Developmental Disabilities to Plan, Cook and Enjoy Meals.**

Practical and informative webinar that will teach you the value and the “how-to’s” of involving your family or house member in meal preparation. To view this free webinar, click the following link:

**REGISTER HERE**

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**Operation Parent** is here to support parents, schools, & coalitions who are responsible for helping to shape the lives of teens and preteens.

### **OPERATION PARENT WEBINARS**

#### **RWJ Barnabas Connecting with Your Kids: Making Best**

#### **Use of the Social Development Strategy**

Friday, May 1, 2020

11a

**REGISTER HERE**

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#### **Perinatal Mental Health Webinar Series**

**May 7** - Mental Health in Pregnancy and Postpartum During COVID-19: Clinical Tips and Strategies for Helping Your Patients Manage Anxiety

**May 14** - Concerning Dads: Postpartum Depression in Fathers

**May 21** - Postpartum OCD: Making Sense of Scary Thoughts

**REGISTER for WEBINARS HERE**

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### **BROADBAND OPTIONS FOR STUDENTS: COVID 19**

#### **Free for 60 days**

For students K through 12/ college students

Major telecommunications will not terminate services to residential or small businesses

Waived late fees

Open Wi-Fi hotspots to any who needs

See article for details

**Visit Website**

### **SPANISH MATH VIDEOS**

### **FREE Guided Meditation for Educators**

### **NJ LEEP Free Resources for Students**



# URBAN LEAGUE OF UNION COUNTY YOUNG PROFESSIONALS 2020 SCHOLARSHIP

The ULUCYP Scholarship was created to help Union County Residents offset costs associated with furthering their education.

There will be a \$500 scholarship awarded to each of the following: High School Senior, College Junior or Senior, and Graduate Student.

Funds will be sent directly to the student for use towards tuition and/or books. Please see below for eligibility requirements.

Applications are available at [ULUCYP.SQUARE.SITE](http://ULUCYP.SQUARE.SITE)

## ELIGIBILITY REQUIREMENTS

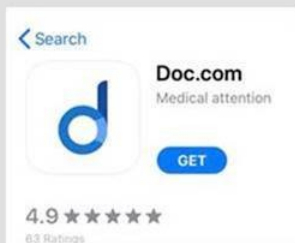
- Current Union County Resident
- Minimum GPA 2.75
- Proof of 2020 enrollment status

Applications are due no later than  
May 31, 2020

For more information, please contact  
Treasurer - Curtis Myers, Jr.  
at [scholarships.ulucyp@gmail.com](mailto:scholarships.ulucyp@gmail.com)





<b>LOB</b>	FLORIDA (WMC, WMN) NEW JERSEY (JMD), NEW YORK (NMD)
<b>Type of Change</b>	SAFELINK/TRACFONE – NEW UPDATE
<b>Contact</b>	For more information or details about the benefits listed below, please contact Janise Smith, Sr. Product Manager Medicaid at 813-206-3833
<b>Effective Date</b>	EFFECTIVE Immediately
<b>Summary</b>	<p><b>NEW UPDATE</b></p> <p>Safelink Wireless is continuing to take all possible measures to ensure that they provide a reliable service to our members during these challenging times (COVID19).</p> <p>Safelink is collaborating with their partner Doc Health and they are extending the below offering to members who have a phone through Safelink.</p> <p>Doc Health is providing 3 free medical videos and free written prescriptions at NO COST to our members who have a phone through Safelink in the following States:</p> <p><b>Florida, New York and New Jersey.</b></p> <p>Members would just download the app (<b>Doc.com</b>) from the app store onto their phone and register with their email or phone number to get started.</p> 

## DO IT YOURSELF! From Us & Our Neighbors







### Family Outreach Program (FOP)

FOP aims to stabilize Morris County families by fostering the family's strengths and enabling youth to remain at home and in school. Services will be provided in the home and in the community. The length of services averages 3-6 months, meeting anything from 1-2 hours per week with bilingual staff for English/Spanish speaking families.

**Services available through telehealth platforms  
(video or phone appointments)**

#### **This Service is Open to:**

- Families with children between the ages of 0-18 years of age
- Families whose children may be at risk for out-of-home placement
- Families who have experienced traumatic situations

#### **This Service Provides:**

- Communication and advocacy skills for the family
- Community connections for basic needs
- Group counseling to strengthen family relationships
- Budgeting for all family members
- Parent coaching and skill building
- Assistance with managing school concerns
- Stress reduction
- 24-hour/7-day a week on call crisis intervention

#### **FOP referrals can be received from:**

- Families (self-Referrals)
- Children's System of Care Partners
- Community Providers/Members

**Contact: Dahiana P. Grisales, LCSW**  
dgrisales@fjsnj.org 973-586-5243 extension #347.



### Family Outreach Program (FOP)

FOP tiene como objetivo estabilizar a las familias del condado de Morris capitalizando en las fortalezas de la familia y ayudando a que los menores permanezcan en casa y en la escuela. Los servicios serán provistos en el hogar y en la comunidad y duran un promedio de 3 a 6 meses, y cubren 1 a 2 horas por semana con un trabajador bilingüe.

**Todos los servicios están disponibles a través de plataformas  
de telesalud (citas por video o teléfono)**

#### **FOP Está Disponible Para:**

- Familias con niños entre las edades de 0-18 años.
- Familias que tengan niños con comportamientos que los pongan en riesgo de recibir crianza fuera de su hogar.
- Familias experimentando situaciones traumáticas

#### **FOP Ofrece:**

- Aprender habilidades de comunicación he adhoc por si mismo
- Conexiones a los servicios en la comunidad
- Consejería de grupo para fortalecer las relaciones familiares
- Manejo de presupuesto
- Entrenamiento para padres y desarrollo de habilidades
- Ayuda para manejar las preocupaciones de la escuela
- Reducción del estrés
- Intervención por teléfono de crisis familiares las 24 horas al día, 7 días a la semana

#### **Como Recibir Servicios de FOP:**

- Familias pueden completar su propio referido
- Proveedores del Sistema Estatal de Cuidado de Niños (CSOC)
- Miembros y Proveedores Comunitarios

**Contacto: Dahiana P. Grisales, LCSW**  
dgrisales@fjsnj.org o 973-586-5243 extensión #347



Participe en nuestro próximo  
**Seminario:**  
**"Apoyo a familias con niños con necesidades  
especiales durante la pandemia del COVID-19"**

**QUIEN ESTA INVITADO?** Familias Latinas y empleados de los Centros de Exito Familiar. ES GRATIS!

**QUE DIA?** Jueves 7 de Mayo Del 2020 **A QUE HORA?** De 2 pm a 3 pm

**Registrese Aqui:** [https://us02web.zoom.us/join/register/WN\\_PeOYUM3IQb-qWCS2FQg-Tw](https://us02web.zoom.us/join/register/WN_PeOYUM3IQb-qWCS2FQg-Tw)

**QUE DISCUTIREMOS?** Como apoyar a los niños con necesidades especiales o discapacidades del desarrollo durante la pandemia del COVID-19. Brinda a los padres la oportunidad de escuchar las recomendaciones que los pediatras o especialistas tienen sobre los desafíos de salud de hoy.



## READY-TO-HEAT-MEALS

International Rescue Committee collaborates with the City of Elizabeth & Freeholder Granados to distribute ready-to-heat meals throughout Elizabeth in partnership with World Central Kitchen

**What does this mean?**

Meals will be available **daily starting April 2** for all community residents struggling with food security

Food will be distributed **MONDAY** through **SATURDAY** from 12pm-2pm

Residents can pick up meals **EITHER:**

**Stephen Sampson Senior Center,**  
800 Anna Street Elizabeth, NJ

**O'Donnell Dempsey Senior Center,**



618-622 Salem Avenue, Elizabeth, NJ

NO IDs will be checked

Remember to practice all recommended precautions relating to social distancing when leaving home and should NOT leave home if you are feeling sick

**ONE PERSON PER HOUSEHOLD** should pick up food for the entire household  
Limited to **2 MEALS** per family per day

Mayor Chris Bollwage, Freeholder Sergio Granados,  
World Central Kitchen, City of Elizabeth Department of Health & Human  
Services, Union County Office of Community Engagement & Diversity,  
and International Rescue Committee  
Presents:

## MEAL DISTRIBUTION



**At  
TWO  
Locations!**

Every Monday through Saturday  
12-2pm

**O'Donnell Dempsey Center**  
618 Salem Avenue  
Elizabeth, NJ

**Stephen Sampson Center**  
800 Anna Street  
Elizabeth, NJ



World  
Central  
Kitchen

### Are You an Essential Worker Using Public Transportation?

Our friends at the **Tri-State Transportation Campaign**  
want to hear from you about travel behaviors and demographic characteristics  
Any person 18+ who continue to work outside of home is encouraged to participate.

**CLICK HERE TO TAKE  
SURVEY**

## State of New Jersey COVID-19 Jobs and Hiring Portal

Did you lose your job or have your hours reduced as a result of COVID-19? Businesses across New Jersey need thousands of workers for immediate hire. Learn more about who is hiring in your community.

Employers in critical industries should submit information about openings with urgent hiring needs related to COVID19

## SEARCH FOR JOBS

Over 45,000 Jobs available throughout New Jersey

**2020**



# CENSUS

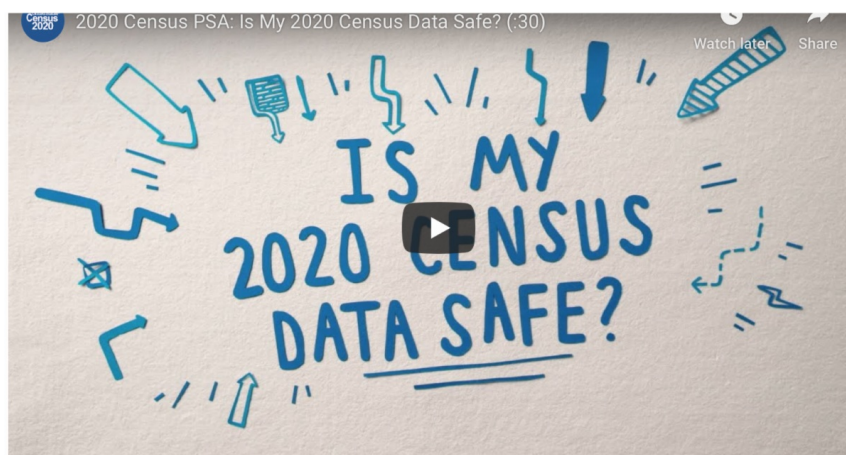
**Remember to TAKE THE CENSUS !**

**Every household & every person counts!**

**The goal of the 2020 Census is a complete and accurate count of everyone living in the United States and its five territories.**

**It determines the number of schools, hospitals and other services needed in YOUR community.**

**[CLICK HERE](#)  
to learn how to  
respond by phone, online or mail**



## EMERGENCY MEDICAID

Assistance for undocumented individuals

**YOU MAY QUALIFY FOR EMERGENCY MEDICAID (PE)**

Requirements: includes but not limited to:

- have no documentation from the U.S Citizen and Immigration Service; or
- Are non-immigrant (students, temporary workers, or children of a worker or visitor on business; or
- Are a qualified alien who is subject to the 5-year bar\* on Medicaid, such as lawful permanent residents, aliens granted parole for a least one year, and certain victims of domestic violence. (this 5-year bar does not apply to children and pregnant women)

Links below will link you to more info:

**[Qualification/Requirements](#)**

**[Explanation of Program](#)**





#### Do you need health insurance?

WellCare can provide you with **NO-COST or LOW-COST HEALTH INSURANCE** through NJ FamilyCare.

#### Call for more information:

WellCare	1-888-453-2534 (TTY 1-877-247-6272)
NJ FamilyCare	1-800-701-0710 (TTY 1-800-701-0720)

Want to know more? Call us at  
1-888-453-2534 (TTY 1-877-247-6272)  
Monday–Friday, 8 a.m. to 6 p.m.

Or you can call a WellCare  
representative:  
**Clarissa Robles**  
732-374-6664



NJ02638\_CAD\_FLY\_ENG State Approved 06/24/2014

eWellCare 2012 NJ\_04\_14 Adobe  
09/24/03



#### ¿Necesita un seguro de salud?

WellCare puede proveerle un **SEGURO DE SALUD SIN COSTO o de BAJO COSTO** a través de NJ FamilyCare.

#### Llame para más información:

WellCare	1-888-453-2534 (TTY 1-877-247-6272)
NJ FamilyCare	1-800-701-0710 (TTY 1-800-701-0720)

¿Desea saber más? Llámenos al  
1-888-453-2534 (TTY 1-877-247-6272)  
de lunes a viernes, de 8 a.m. a 6 p.m.

O puede llamar a un representante  
de WellCare:  
**Clarissa Robles**  
732-374-6664



NJ02638\_CAD\_FLY\_SPA State Approved 06/24/2014

eWellCare 2012 NJ\_04\_14 Adobe  
09/24/03

## CENTRAL JERSEY LEGAL SERVICES



During this time of staying at home and social distancing, CJLS remains committed to providing free legal help to low-income residents of Central NJ. We are still providing the same services we always have. Staff are working remotely and are here to help both new and existing clients. Our telephone messages are being monitored and responded to as quickly as possible. If you need legal assistance, call the CJLS office in your county and leave a detailed message or email us at [cjls@lsnj.org](mailto:cjls@lsnj.org). Someone will get back to you. Stay Safe!

#### CALL US:

Mercer County  
**609-695-6249**

Middlesex County  
**732-249-7600**

Union County  
**908-354-4340**

Email  
**[CJLS@LSNJ.ORG](mailto:CJLS@LSNJ.ORG)**

[www.centraljerseylegalservices.org](http://www.centraljerseylegalservices.org)



Amidst the COVID-19 (coronavirus) pandemic, the Union County Rape Crisis Center has had to make some temporary changes in service. However, please rest assured that this will not stop us from serving survivors as well as the community at large.

Our Confidential Sexual Violence Advocates are available 24/7 to help:

**908-233-7273**

- 24/7 Crisis Hotline

- Remote Crisis Counseling and Support Services
- Telephonic Medical and Legal Advocacy
- Prevention Education Available Virtually
- Referrals to Community Resources



Sponsored by the Union County  
Board of Chosen Freeholders

**UNION COUNTY**  
*We're Connected to You!*

# When the Coronavirus Hits Home: Putting Child Care Plans in Writing Just in Case

## POWER OF ATTORNEY DOCUMENT

Steps to protect yourself and children, the POA form that designates a temporary legal guardian in the event a parent or parents become ill or incapacitated



With any concerns please reach us at  
908-875-0034  
or our Facebook and Instagram  
Search: Bayway Family Success Center

## Department of Human Services' Novel Coronavirus Information Page

This page contains the the latest resources, policy guidance,  
and program updates available at this time

**For the most UPDATED INFO on COVID-19**  
**Check out this link**

Call (General COVID-19 Questions) 2-1-1 (7a-11p)  
Call (Medical COVID-19 Questions) 1-800-962-1253 (24/7)  
Text NJCOVID to 898-211 to receive alerts

**REMEMBER:**  
**Wash your hands**  
**Stay home, especially if you are not well**  
**& disinfect surfaces daily**  
**Stay 6ft away from individuals**

