







## TO THE CLASS OF 2020 **CONGRATULATIONS** YOU DID IT!





#### We're Here to Help

Take our quick Survey so we can better understand your needs! Families and Partners If you would like to hear more about related resources, let us know in the comment section of the survey We will contact you directly Link Below:

### **Quick Survey**

Thank you!



#### HEALTH AND WELL-BEING

We understand past few weeks have been challenging and do hope you & your families are SAFE AND WELL

The Bayway FSC is here to provide the most up to date information to help you & your families Share this information with anyone who may need

No time like the present!

Use this time to reflect, rest, meditate, create art or explore a new skills you've always wanted to learn or take time to check out some activities, resources & tons more offered by our partners (Thank you!)

#### Webinars free!

Videos will be shared via links or check out our Facebook for more info!

## DO IT YOURSELF! From Us & Our Neighbors

## **OLogy: The Science Website** for Kids | American Museum

animals, and much more! On OLogy, kids of all ages can play games, do activities,



### **History for Kids - Fun Facts** and Social Studies

History for kids Welcome to History for Kids the free online history network. We hope you enjoy and have fun exploring our history. The website is packed with articles, worksheets and even a guiz on each section. You will find cool games, videos, ...

Read more

www.historyforkids.net



### **Home and Distance Learning Activities**

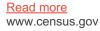
Component ID: #ti458907695 Component ID: #ti2138357138 Component ID: #ti1851311381 Bring data close to home by helping students collect, analyze, and compare kid-friendly information about their own state. Students can examine data about kids...



# Art-Making Activities Families Can Do at Home | Magazine

Oprima aquí para leer este artículo en español. As I write this, my son is asking when I'll be done so I can play with him...again. We get that working and taking care of your child(ren) is tough but we hope these art-inspired prompts can provide ...

Read more www.moma.org



### 2020 CENSUS

#### Remember to TAKE THE CENSUS!

Every household & every person counts!

The goal of the 2020 Census is a complete and accurate count of everyone living in the United States and its five territories.

It determines the number of schools, hospitals and other services needed in YOUR community.

CLICK HERE
to learn how to
respond by phone, online or mail









**Facebook** 



### **NEED HOUSING ASSISTANCE?**

The DCAid tool is a quick and simple process that allows people to find out if they are eligible for **housing assistance programs**, **utility assistance**, **homelessness prevention services**, and other programs that will help to improve their quality of life

The eligibility screening process is a series of questions that takes approximately 1-2 minutes to complete.

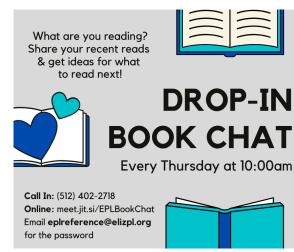
Users can find out if they are eligible for DCA services that provide assistance with rent, including the Section 8 Housing Choice Voucher Program and the State Rental Assistance Program, **heating costs**, **utility bills**, removal of lead hazards in the home, Veterans Affair Supportive Housing (VASH), weatherization assistance, and homelessness prevention programs. The results, based on general income and household information entered, will provide the user with a brief description of eligible programs with contact information for the agency where the user can apply.

## DCAID ELIGIBILITY TOOL











Are You an Essential Worker Using Public Transportation?

Our friends at the **Tri-State Transportation Campaign** want to hear from you about travel behaviors and demographic characteristics

Any person 18+ who continue to work outside of home is encouraged to participate. **CLICK HERE TO TAKE SURVEY NEW JERSEY** 1234 5601 2345 6789 NJ Cardholder **NJ SNAP** When will I get my P-EBT benefits? P-EBT benefits will be issued in June, but an exact date is not known at this time. Your one-time benefit will be available when you receive and activate your card. How do I get my P-EBT benefits? Read more www.nj.gov Teaching Adults with Intellectual and Developmental Disabilities to Plan, Cook and Enjoy Meals. Practical and informative webinar that will teach you the value and the "how-to's" of involving your family or house member in meal preparation. To view this free webinar, click the following link: REGISTER HERE Operation Parent is here to support parents, schools, & coalitions who are responsible for helping to shape the lives of teens and preteens. **OPERATION PARENT WEBINARS SPANISH MATH VIDEOS FREE Guided Meditation for Educators NJ LEEP Free Resources for Students** 

#### TIPS TO HELP teens COPE DURING COVID-19



LOB	FLORIDA (WMC, WMN) NEW JERSEY (JMD), NEW YORK (NMD)
Type of Change	SAFELINK/TRACFONE - NEW UPDATE
Contact	For more information or details about the benefits listed below, please contact Janise Smith, Sr. Product Manager Medicaid at 813-206-3833
Effective Date	EFFECTIVE Immediately
Summary	NEW UPDATE
	<u>SafeLink</u> Wireless is continuing to take all possible measures to ensure that they provide a reliable service to our members during these challenging times (COVID19).
	Safelink is collaborating with their partner Doc Health and they are extending the below offering to members who have a phone through Safelink.
	Doc Health is providing 3 free medical videos and free written prescriptions at NO COST to our members who have a phone through Safelink in the following States:
	Florida, New York and New Jersey.
	Members would just download the app ( <b>Doc.com</b> ) from the app store onto their phone and register with their email or phone number to get started.
	⟨ Search
	Medical attention  GET
	4.9 * * * * *





#### Family Outreach Program (FOP)

FOP aims to stabilize Morris County families by fostering the family's strengths and enabling youth to remain at home and in school. Services will be provided in the home and in the community. The length of services averages 3-6 months, meeting anything from 1-2 hours per week with bilingual staff for English/Spanish speaking families

> Services available through telehealth platforms (video or phone appointments)

- This Service is Open to:
   Families with children between the ages of 0-18 years of age
  - Families whose children may be at risk for out-of-home placement
  - Families who have experienced traumatic situations

- This Service Provides:

  Communication and advocacy skills for the family
- Community connections for basic needs Group counseling to strengthen family relationships
- Budgeting for all family members
- Parent coaching and skill building
- Assistance with managing school concerns
- Stress reduction
- 24-hour/7-day a week on call crisis intervention

#### FOP referrals can be received from:

- Families (self-Referrals)
   Children's System of Care Partners
- · Community Providers/Members

Contact: Dahiana P. Grisales, LCSW dgrisales@fisnj.org 973-586-5243 extension #347.





#### **Family Outreach Program (FOP)**

FOP tiene como objetivo estabilizar a las familias del condado de Morris capitalizando en las fortalezas de la familia y ayudando a que los menores permanezcan en casa y en la escuela. Los servicios serán provistos en el hogar y en la comunidad y duran un promedio de 3 a 6 meses, y cubren 1 a 2 horas por semana con un trabajador bilingüe.

Todos los servicios están disponibles a través de plataformas de telesalud (citas por video o teléfono)

#### FOP Está Disponible Para:

- Familias con niños entre las edades de 0-18 años. Familias que tengan niños con comportamientos que los pongan en riesgo de recibir crianza fuera de su hogar
- Familias experimentando situaciones traumáticas

- FOP Ofrece:

   Aprender habilidades de comunicación he advocar por si mismo
- Conexiones a los servicios en la comunidad Consejería de grupo para fortalecer las relaciones familiares
- Manejo de presupuesto
- Entrenamiento para padres y desarrollo de habilidades
- Ayuda para manejar las preocupaciones de la escuela
- Reducción del estrés
- Intervención por teléfono de crisis familiares las 24 horas al día, 7 días a la semana

#### Como Recibir Servicios de FOP

- Familias pueden completar su propio referido Proveedores del Sistema Estatal de Cuidado de Niños (CSOC)
- · Miembros y Proveedores Comunitarios

Contacto: Dahiana P. Grisales, LCSW dgrisales@fisnj.org o 973-586-5243 extensión #347

## READY-TO-HEAT-MEALS

International Rescue Committee collaborates with the City of Elizabeth & Freeholder Granados to distribute ready-to-heat meals throughout Elizabeth in partnership with World Central Kitchen

What does this mean?

Meals will be available daily starting April 2 for all community residents struggling with food security

Food will be distributed MONDAY through SATURDAY from 12pm-2pm

Residents can pick up meals EITHER:

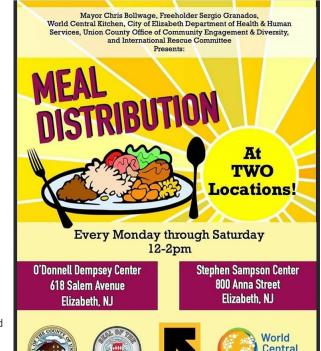
Stephen Sampson Senior Center, 800 Anna Street Elizabeth, NJ

O'Donnell Dempsey Senior Center, 618-622 Salem Avenue, Elizabeth, NJ

NO IDs will be checked

Remember to practice all recommended precautions relating to social distancing when leaving home and should NOT leave home if you are feeling sick

ONE PERSON PER HOUSEHOLD should pick up food for the entire household Limited to 2 MEALS per family per day



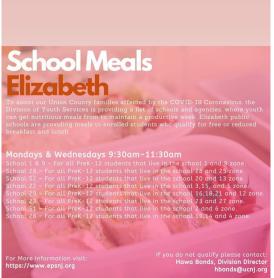




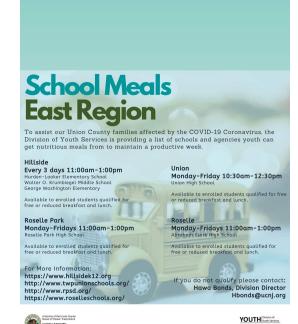














118 Division Street, Elizabeth, NJ 07201, phone: (908) 352-2989, fax: (908) 354-1433, www.sieliz.org

#### Community Update 5/26/20

We will distribute Emergency Food Bags twice during the month of June. If you anticipate needing food panity services beyond the month of June, please see the information regarding registration on the back of this page. We ask for your patience and prayers while we all work through this difficult situation. We are praying for you and for our global family.



June 2020 Hours: Monday and Friday from 9 am to 1pm Tuesday, Wednesday and Thursday from 9-12 and 1-3pm

Emergency Food Distributions:

We will distribute Emergency Food Sags to residents of Elizabeth, NJ.

Distribution will on different days as follows:

Senior Citizens age 65 and over Tuesday, 669 and 623 from 9:30-12

Last Names beginning F.G.P.L. Wednesday, 610 and 624 from 10-12

Last Names beginning F.G.H.J. J. Wednesday, 610 and 624 from 15-3

Last Names beginning F.G.H.J. Tursday, 611 and 625 from 15-3

Last Names beginning C.W.M. Tursday, 611 and 625 from 15-3

Last names beginning C.W.M. Y.Z. Friday, 611 and 625 from 15-3

Last names beginning C.W.M. Y.Z. Friday, 611 and 625 from 15-2

I stop are unable to come on your assigned day or time, please call 508-354-545 x209 to make special arrangements.

Distributions from the Community Food Bank are open to all & will begin at approximately 10am:

Saturday, 6/13 and 6/20 Tuesday, 6/16 and 6/23 Friday, 6/26 (Farmer's Market)

Redicine: If you are a registered client with an existing prescription from Community Pharms you can go directly to the pharmacy. If you need assistance from a case manager, please cal 908-354-5456 to leave a message for Pat (x209) or Peg (x211).



Text Updates: Please text sisse to 818818 to receive our text alert notifications.

Please do your part: Stay 6 ft apart! Wash Your Hands! Thank You



We are thankful to have been able to offer an expanded Food Distribution service for the local Elizabeth community during the pandemic. We are profoundly grateful to the many individual volunteers and donors, chick groups, and corporate entities that have allowed us to be here for you and the many families who have benefited from our food offerings.

As we plan for the future needs of the community, we ask those who wish and need to continue receiving food assistance from to register with our Food Parthy. This will allow us to comply with the requirements of the Community Food Bank of NJ, angross owner of food provisions for our Parthy, as well as helps us gauge what services might be of benefit to you and your family. Importantly, please know that going forward our regular food distributions will be printicated to those who are currently registered.

If you anticipate requiring food assistance from St. Joseph's for the next month and perhaps beyond we are asking that you contact our Case Managers by telephone beginning this week to Register contact in the perhaps to the perhaps to the perhaps the perhaps the perhaps to the perhaps the perh

Our Case Managers will be available to take your calls to begin Registration, or to answer any questions you may have between the hours of 900 and 400 on Monday, Tuesday, and Thursdays, For English regaining client places call Case Manager Pal (PAmar all (23) 344-960), and to Spanish speaking clients please call Case Manager Pal (Pamar all (23) 344-134. We will do our best to accommodate other please call Case Manager Pal (Pamar all (722) 343-1434. We will do our best to accommodate other lenguage speaking clients as necessary. Will in-differ september grows a comparation of the service of the second distancing requirements). When you call to Register please have the following information ready:

(1) <u>RESIDENCY</u>: Proof of your Elizabeth NJ residency, which may be shown by any of the following urrent ID, lease, utility bill, or school record. Other available proof of residency are also acceptable.

(3) FAMILY MEMBERS: Names and dates of births of family members in the home are also uested. Please note that only one family member may Register for their family.

We look forward to continuing to serve you and the Elizabeth community.

Please do your part: Stay 6 ft apart! Wash Your Hands! Thank You



118 Division Street, Elizabeth, NJ 07201, phone: (908) 352-2989, fax: (908) 354-1433, www.sjeliz.org

#### Actualización de la Comunidad 5/26/20

Estaremos distribuyendo botisas de alimento de emergencia 2 veces durante el mes de Junio. Si usted necestas servicios de alimento después del el mes de Junio, por favor vea la información al dorso de esta página. Pedimos su paciencia y oraciones mientras todos trabajamos a través de esta difícil situación. Estamos orando por ustedes y por nuestra familia en todo el mundo.



Horario Temporal: Lunes y Viernes de 9am a 1pm Martes, Miércoles, y Jueves de 9-12 y 1-3pm

La distribución de bolsas de alimentos de emergencia para los residentes de E La comida se distriburá en diferentes días y de la siguiente manera:

Personas mayores de 65 años o más: Martes 6/9 y 6/23 de 9/30-12

Apellidos que comienzan A,B,C,D,E: Miercoles, 6/10 y 6/24 de 10-12

Apellios que comienzan A.B.C.D.E. Miercoles, 6/10 y 6/24 de 10-12
 Apellios que comienzan F.G.H.J.I. Miercoles 6/10 y 6/24 de 1-3
 Apellios que comienzan K.L.M.N. Jueves 6/11 y 6/25 de 10-12
 Apellios que comienzan G.P.C.R.S. Jueves 6/11 y 6/25 de 10-12
 Apellios que comienzan D.P.C.R.S. Jueves 6/11 y 6/25 de 10-12
 Apellios que comienzan T.U.V.W.X.Y.Z. Viernes 6/12 y 6/25 de 10-15
 SI no puede vierni en su dia y hora asignados, lama el 9/03-354-565 x 3/02 para fucer arregios

La distribución del Banco de Alimento de la Comunidad, está abierto para todos y comenzará

R Medicina: Si usted es un cliente registrado con una receta existente de la Community Pharmacy, puede ir directamente a la farmacia. Si necesita ayuda de una de las trabajadoras sociales, llame al 908-354-5456 para dejar un mensaje para Pat (x209) o Peg (x211).



Actualizaciones a través de texto: Por favor, envíe un mensaje de texto a sisso al

Por favor haga su parte: Mantenga 6 pies de distancia! Lavese las manos! Gracias



118 Division Street, Elizabeth, NJ 07201, phone: (908) 352-2989, fax: (908) 354-1433, www.sjeliz.org

#### INFORMACION PARA REGISTRARSE:

Estamos agradecidos de haber podido ofrecer un servicio ampilado de distribución de alimentos para la comunidad local de Elizabeth durante la pandemia. Estamos profundamente agradecidos a los muchos voluntarios y donantes individuales, grupos cívicos y entidades corporativas que nos han permitido estar aquí para usted y las muchas familias que se han beneficiado de nuestra oferta de alimentos.

A medida que planificamos las necesidades futuras de la comunidad, pedimos a aquellos que desean y necestian seguir recibiendo asistencia alimentaria que se registren en nuestra despensa de alimentos. Esto nos permitirá cumplir con los requisitos de Banco De Alimento Comunitario de NJ, una fuente importante de provisiones alimentarias para nuestra despensa, así como nos ayuda a medir què espricios podrám ser beneficiosos para uset y su familia. Es importante destacar que, por favor, sepa que en el futuro nuestras distribuciones regulares de alimentos serán priorizadas a aquellos que están actualmente renstratorios.

Si usted anticipa requeir la ayuda allimentaria de St. Joseph's para el próximo mes y tal vez más allá le pedimos, que se ponga en contacto con nuestros Administradores de Casos por teléfono a partir de esti semana para registrase (nómandión de contacto a continuación) si lisme; (1) nunca e registrás, o (2) si su registro no ha sido renovado en los últimos 18 meses. Al lamar para registrase, se le pedirá que proporcione información hásica sobre cuántos hay en su familia y los recursos financiores. Podemos asegurarle que ninguna información privada sobre usted será compartida con ninguna autoridad policial estatal o federal.

Nuestros Administradores de Casos estarán disponibles para tomar sus llamadas para comenzar el Registro, o para responder a cualquier pregunta que pueda tener, entre las 9:00 y las 4:00 los tunes, martes y jueves. Para clientes de había inglés, llame al Administrador de Casos Pat D'Anna al (732) 340-0000, y para los clientes de había hispana, llame al Administrador de Casos Peg Tursi al (732) 343-1434. Haremos todo lo posible para dra cabida a otros clientes que habían ortos idiomas según necesario. (No se están realizando registros en la oficina en este momento debido a los requistos de distanciamiento social). Cuando llame para registrarse, tenga lista la siguiente información:

(1) RESIDENCIA: Prueba de su residencia en Elizabeth NJ, que puede ser demostrada por cualquiera (1) ICS DELIVER. L'INDIA de su l'esiderica en Elizabetin IVA, que pueue ser unitation de los siguientes: una identificación actual, contrato de arrendamiento, factura de registro escolar. Otras pruebas disponibles de residencia también son aceptables.

(2) INGRESOS: Se solicita información de ingresos familiares, incluyendo si su familia recibe asistencia del gobierno, como Ingreso de seguro social suplementario o cupones de alimentos. La elegibilidad para los ingresos se basa en el Nivel Federal de Pobreza.

(3) MIEMBROS DE LA FAMILIA: También se solicitan nombres y fechas de nacimiento de los miembros de la familia en el hogar. Tenga en cuenta que solo un miembro de la familia puede registrar su familia

Por favor haga su parte: Mantenga 6 pies de distancia! Lavese las manos! Gracias

## State of New Jersey COVID-19 Jobs and Hiring **Portal**

Did you lose your job or have your hours reduced as a result of COVID-19? Businesses across New Jersey need thousands of workers for immediate hire. Learn more about who is hiring in your community.

Employers in critical industries should submit information about openings with urgent hiring needs related to COVID19

**SEARCH FOR JOBS** 









Do you need health insurance?

WellCare can provide you with NO-COST or LOW-COST HEALTH INSURANCE through NJ FamilyCare.

Call for more information:

1-888-453-2534 (TTY 1-877-247-6272) WellCare 1-800-701-0710 NJ Family Care

1-888-453-2534 (TTY 1-877-247-6272) Monday—Friday, 8 a.m. to 6 p.m.

Or you can call a WellCare

Clarissa Robles 732-374-6664

WellCare





¿Necesita un seguro de salud? WellCare puede proveerle un SEGURO DE SALUD SIN COSTO o de BAJO COSTO a través de NJ FamilyCare.

Llame para más información:

1-888-453-2534 (TTY 1-877-247-6272) WellCare 1-800-701-0710 NJ Family Care (TTY 1-800-701-0720)

NJ026138\_CAD\_FLY\_SPA\_State Approved 06242014

¿Desea saber más? Llámenos al 1-888-453-2534 (TTY 1-877-247-6272) de lunes a viernes, de 8 a.m. a 6 p.m. O puede llamar a un representante de WellCare: Clarissa Robles

732-374-6664







During this time of staying at home and social distancing, During this time of staying at home and social distancing. CJLS remains committed to providing free legal help to low-income residents of Central NJ. We are still providing the same services we always have. Staff are working remotely and are here to help both new and existing clients. Our telephone messages are being monitored and responded to as quickly as possible. If you need legal assistance, call the CJLS office in your county and leave a detailed message or email us at cjls@lsnj.org. Someone will get back to you. Stay Safe!

#### CALL US:

Mercer County 609-695-6249

Middlesex County 732-249-7600

Union County

908-354-4340 Fmail

CJLS@LSNJ.ORG







When the Coronavirus Hits Home: Putting Child Care Plans in Writing Just in Case

#### **POWER OF ATTORNEY DOCUMENT**

Steps to protect yourself and children, the POA form that designates a temporary legal guardian in the event a parent or parents become ill or incapacitated

With any concerns please reach us at 908-875-0034 or our Facebook and Instagram Search: Bayway Family Success Center

# Department of Human Services' Novel Coronavirus Information Page

This page contains the the latest resources, policy guidance, and program updates available at this time

For the most UPDATED INFO on COVID-19

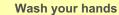
#### Check out this link

Call (General COVID-19 Questions) 2-1-1 (7a-11p)

Call (Medical COVID-19 Questions) 1-800-962-1253 (24/7)

Text NJCOVID to 898-211 to receive alerts

**REMEMBER:** 



Stay home, especially if you are not well

& disinfect surfaces daily

Stay 6ft away from individuals











#### How To Exercise At Home: 50 Best Free Home Workouts

Want to know how to exercise more without making time for the gym? Wish you knew the best home exercises that will actually get you results? You're in the right place. These are the 50 best resources for free online workouts that make is easy for ...

#### Read more

makeyourbodywork.com