Program Components

Academic Success

Health & Wellness

Recovery Planning

Recovery Mentorship

Family Involvement

Our Services

Blended learning environment, including in person instruction and virtual learning

In-school SAT prep

Post-secondary planning

Weekend/after school social, recreational & volunteer opportunities

Intensive recovery case management, assessment & referral to outside treatment

On & off site recovery mentorship services

Auxiliary program, including sensory art & occupational therapy

Contact Us



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SYF Simon Youth Foundation







Where recovery \$ education go hand in hand.

Providing New Jersey youth with a safe, supportive environment to pursue their high school education and recovery under one roof.

Eligibility Requirements

ESH applicants must be:

- Currently enrolled high school students.
- Committed to obtaining a high school diploma.
- Committed to abstinence.
- Willing to partake in all aspects of programming at ESH.
- Willing to comply with out of school treatment recommendations.

ESH accepts students...

- With or without an individualized education program (IEP)
- With diagnosed co-occurring mental health conditions, provided they are being monitored by an outside professional.
- From outside Union County if they are within a reasonable distance (Middlesex, Hudson, Essex, Morris, Somerset, Passaic, & Hunterdon Counties)
- Who are prescribed and adhering to a medication assisted treatment (MAT) protocol monitored by an outside professional.

"EDUCATION IS THE GREAT EQUALIZER."

- Horace Man

Why a Recovery High School?

When students with substance use issues complete inpatient treatment, or enter recovery through community-based or outpatient supports, returning to their home school can be challenging.

For teens, school can present more triggers for a recurrence of use than any other environment. Recovery high schools are designed to provide a safe, supportive environment for teens in recovery where they can pursue their high school diploma and their recovery at the same time.



Low student to staff ratio, on-site recovery support services, and our emphasis on positive peer connections enable our students to remain clean and sober and to **graduate** from high school. In a normal school environment, the odds are against their success. Recovery High Schools are designed to help these students *thrive*.



Our Model

The birth of the Raymond J. Lesniak
Experience, Strength & Hope Recovery
High School came about through a
unique public/private partnership
between one of the state's leading nonprofits focused on addiction prevention,
Prevention Links, and the award winning
Union County Vocational Technical School
District.

ESH opened its doors in the fall of 2014 and has been serving youth in recovery from throughout New Jersey.

Following the framework established by the Association of Recovery Schools...

Our purpose, as defined by ARS is to, "educate students in recovery from substance use; meet state standards for awarding a secondary school diploma; intend that all students enrolled be in recovery and working a program of recovery for substance use disorders..."